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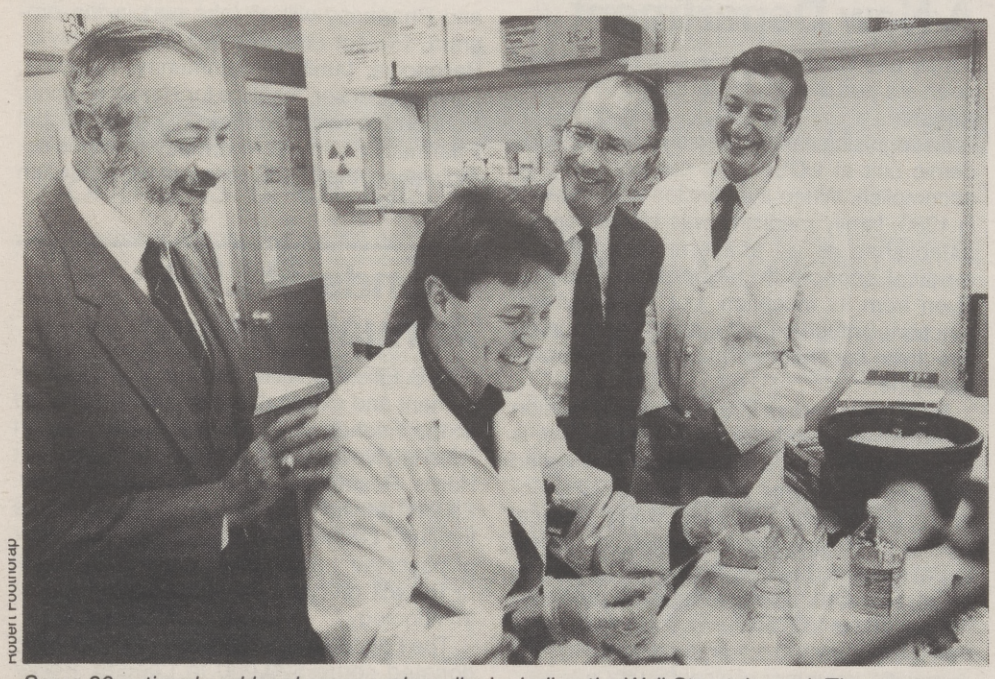
Volume 2, Number 20 *November 7-20, 1987*

UCSF Newsbreak

UCSF Receives $7.1 Million for AIDS Prevention Program



Robert Foothorap

Some 20 national and local press and media, including the Wall Street Journal, Time *magazine, and several TV and radio stations, plus Mayor Feinstein and UC President David Gardner attended a press conference on campus last week to announce the $7.1 million grant for the new AIDS Prevention Program. Following the conference, Chancellor Krevans took President Gardner (second from right) and various members of the press to the laboratory of Charles Craik (seated) who demonstrated techniques to study the enzyme of the AIDS virus. Far right is UCSF pharmaceutical chemistry chairman George Kenyon.*

The campus has received $7.1 million from the National Institute of Mental Health and the National Institute of Drug Abuse to expand its research on how to prevent the spread of AIDS in at-risk populations in San Francisco.

An unusual aspect is that most of the work will be done off campus in the minority communities, with emphasis on education for prevention of the spread of the disease. In fact, the grant represents a unique collaborative effort between UCSF, UC-Berkeley, the City and the community.

The four-year award is one of the largest federal grants for research on AIDS prevention in the country. It supplements $3 million awarded last year, bringing the total UCSF grant to $10 million to establish a new Center for AIDS Prevention Studies (CAPS), which at present has 14 different projects already in operation or about to start.

A joint program of the two universities, the San Francisco Department of Public Health and the Bayview Hunter's Point Foundation, this unique partnership allows collaboration among UCSF academic researchers, who enhance the scientific quality of the studies and guide analysis of health policy; San Francisco public health officials, who provide expertise and sites for research; and minority researchers, who ensure the appropriateness of the research to the communities that are at high risk and provide expertise for carrying it out.

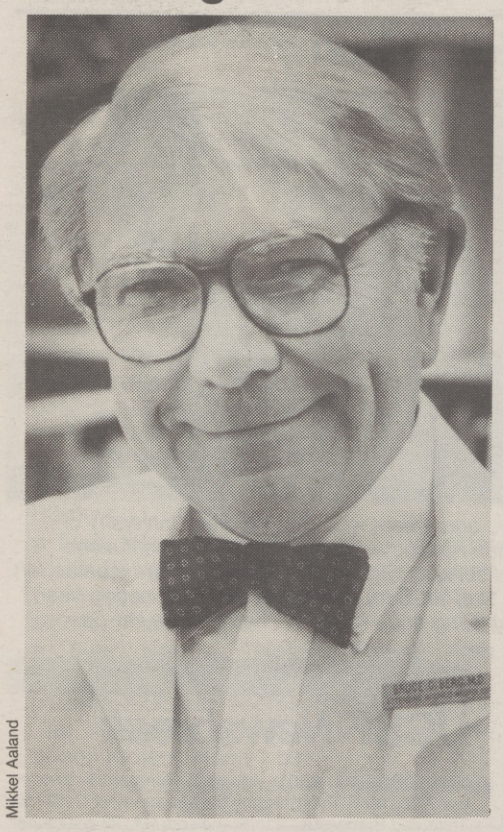
Some 50 researchers—including epidemiologists, behavioral scientists and health policy analysts—are part of the program.

"Because there is not yet a cure or vaccine, getting people to adopt low-risk behaviors is the only way to stem the AIDS epidemic," said Stephen B. Hulley, MD, MPH, UCSF professor of epidemiology, medicine and health policy, who is CAPS co-director.

According to Thomas J. Coates, PhD, who also is co-director of CAPS and director of the UCSF Behavioral Medicine Unit, at-risk populations now include herterosexual adults, babies of mothers with AIDS and ethnic minorities, in addition to gay men and intravenous drug users. Many AIDS cases among minorities are due to IV drug use.

Meanwhile, in a further marshalling of research forces to fight AIDS, the Universitywide Task Force on AIDS this year has awarded some $3.6 million in state funds to UCSF. The amount includes some $2,200,000 for 25 individual research awards, $1,100,000 for the UCSF AIDS Clinical Research Center under the direction of John Ziegler, $160,000 for three investigator awards and another $175,000 for five postdoctoral fellowships.

Neurologist Bruce Berg Wins Royer Award



Mikkel Aaland

Following the receipt of nearly a hundred letters from around the country lauding his contributions as educator, clinician, academician and eminent leader in his field, pediatric neurologist Bruce O. Berg was named the winner of the 24th annual J. Elliot Royer Award.

The award was presented November 3 at a campus ceremony attended by many friends and colleagues. The Royer Award was established in memory of the late Oakland physician who left an endowment to recognize significant advancement of psychiatry and neurology. The award carries a $15,000 prize and is presented each year to a San Francisco or East Bay physician.

As a teacher of clinical neurology, Berg is described by past and present residents as masterful, colorful and authoritative. "He has given a generation of pediatricians and neurologists in training an *approach* to clinical child neurology," says one resident.

As a clinician, Berg's "service to children with neurological disorders has been enormous. He follows a clinic population of several hundred patients, from infancy to young adulthood, on a regular basis."

In the field of academic neurology, Berg is widely known for his work on Leigh's disease, infantile botulism and continuing interest in neurocutaneous disorders. Ten years ago he and three other UCSF physicians made what appeared to be the first reported diagnosis of botulism in infants. His recently published text *Child Neurology—A Clinical Manual* is described as "unique in its breadth...a valuable aid to pediatricians and neurologists alike."

Berg has been a member of the UCSF faculty since 1966. Since 1977 he has served as vice chair of the Department of Neurology. During his more than 30-year career, Berg's influence has reached national proportions—as a frequent participant in conferences, as a prolific author and as consultant to thousands.

Wesley Wong

Eager donor representatives stream out of the gym following the United Way luncheon.

They're on the Trail!

Some 400 donor reps, department contacts, faculty representatives, members of the UCSF Retirees Association and other campus United Way volunteers attended a packed United Way luncheon last week. Sponsored by the Chancellor's Office, the luncheon thanked these people in advance for all of the volunteer work they'll be doing during the United Way campaign, which runs on campus through November 13.

By now, your donor rep should have presented you with your United Way envelope. Contributions may be sent through campus mail *or* returned to your donor rep, especially if your area is one which is holding a raffle.

Some reminders:

- If you care to donate anonymously, please be sure to write your four-digit unit code number on the front of your envelope. If your donor rep does not know what it is, call Ruth Weiller at x62401. This will ensure an accurate count of the number of people donating from the various segments of the campus.
- If you are designating a particular agency to receive your donation, be sure to fill out the envelope *and* the donor option form provided.

Several schools and campus departments are holding contests to increase participation. Read the next issue of *Newsbreak* to find out who won what prize, including who in the School of Pharmacy took home a $100 airline gift certificate, a new Kodak camera and a fresh orchid.

The Med Center really has some great raffle prizes. See page 8 for details.

In This Issue—Our First "Features" Section

Remember the *UCSF Journal*? It used to come out three times a year, was 12 pages and carried news solely on UCSF employees.

Well, that publication is no more, but what we plan to do three times a year in *Newsbreak/Medsounds* is add four pages of news called "Features," to highlight certain campus employees and give some in-depth news on particular subjects.

In this first expanded feature issue we are carrying articles on UCSF retiree Miriam Blaustein, Millberry Union's Carmen Miller, Affirmative Action's Nellie Wong, the personal touch of Health Net, the campus institution of folk dancing, the best campus morale booster yet—EMPACT, plus a two-page spread on AIDS in the workplace.

In Preparation for Our Library

Wesley Wong

This was the scene on Parnassus last week as the campus prepared to move the Student Services Building (SSB) to make way for our new library. (The library groundbreaking was this past Wednesday, November 4, but too late to make this edition. See the next issue of *Newsbreak* for a full picture story of the event.)

The Student Services Building (which had to be split into two parts to be moved) now is safely at the hairpin turn of Medical Center Way as part of the Environmental Health & Safety (EH&S) consolidation.

It took nearly the entire weekend of October 30 to move the beast, but it was worth it—in more ways than one.

You see, our campus planning department conducted a needs assessment some time ago to figure out exactly how much space EH&S needed and what would work best for them. The SSB was the right size (in fact, a little larger than needed) and our contractor said that the building was structurally sound. To build a new building of equal size and quality would have cost the University close to $500,000. But, after tabulating all the various associated fees, it cost the campus roughly half that amount to move the SSB, according to Vice Chancellor Tom Rolinson.

And now for all of you people who use the shuttles: THE SHUTTLE STOP IS MOVING! That's right. By mid-November the shuttle stop at the corner of Third and Parnassus will be moved to in front of Langley Porter. Those shuttles are Aldea Housing/Laguna Honda, CED/SFGH/20th & Harrison and Laurel Heights.

Jaywalkin' Verboten

Now that we have *so* much construction happening on campus, it's time for a reminder: *PLEASE DON'T JAYWALK!* As you well know, Parnassus is congested—given the steamline construction, the Student Services building move, shuttle stops shifting around, the new library being built, etc., etc. etc. And, who wants to walk *all the way* to a crosswalk when you could just as easily dodge some moving cars and get across the street at least 7 seconds quicker? But, don't do it. It's dangerous, neighbors driving past are getting really frustrated with us, and you could get tagged.

Wine Tasting—Just in Time for Thanksgiving

If you're organizing that big Thanksgiving feast and are still wondering which wines to select, or if you're just interested in learning about some *outstanding* wines at some *outstanding* prices, plan to attend Arts & Lectures' wine tasting fete on Tuesday, November 10, beginning at 5:30 p.m. in the Millberry Union lounges.

Wine expert Wilfred Wong, executive director of the San Franciso Expo National Wine Competition, will teach you how to taste this fruit of the vine, buy it, serve it, impress your guests with it, without having it gobble up all of your money. He will introduce four California wines worth your attention: 1986 Round Hill Gewurztraminer, 1986 J. Lohr Monterey Gamay, 1986 Witter Chardonnay and a Maison Deutz Brut.

While you're savoring the juice, Elfriede Preger will present a slide lecture on wine in art through the ages. What's more, you will hear classical harmonious sounds by six of our own School of Medicine students—Steven Chang, Dong H. Kim, Frances Teng, Catherine Sonquist, Daphne Haas and Mark Russi—plus vocals by more of our students: Janice Cohen and Diana Raabe from the School of Dentistry, and from the School of Medicine Nathalie Bera, Erica Breneman, Laura Bull, Claudia Condie, Kate Garst, George Georges, Julie Griffith, Jennifer Kreger, Vail Reese, Vaneida White and Michael Zegans.

Cheese samples will be provided by the Sonoma company Laura Chenel Chevre, bread by Bakers of Paris, and a variety of fruit by Millberry Union Cafe.

And you can get all of the above for a mere $5 ($3 students). And it's for a good cause—it benefits Arts & Lectures. For further information call x62571.

Don't Take That Drag—At Least for a Day

The Great American Smokeout is here again. And if you can be convinced to stop smoking, at least for a day, all is not for naught.

This is an occasion that traditionally our students really get behind. On Thursday, November 19, the Great American Smokeout will be in full swing. And here's what's happening on our campus:

- Badges, balloons and all sorts of information will be available from pharmacy students in the Medical Sciences lobby. This year, you'll have the opportunity to check your breathing capabilities: The Respiratory Care Service is providing free pulmonary screening tests.
- Also amid tons of balloons, students, staff and faculty in our dental clinics will be passing out free "survival kits," badges and "wrist snappers" to help you get through a smokeless day.
- Our medical students are being very coy this year about how they will celebrate the smokeout. At the time of this writing we don't know what they're doing, but they promise some rather unusual gimmicks (maybe in Saunders Court).
- Due to somewhat of a lack of nursing students on campus this time of year (most are participating in community hospital programs), four divisions in the School are planning to pass out buttons, etc. They are: Family Health Care Nursing, Mental Health, Community & Administrative Nursing, Physiological Nursing, and Social & Behavioral Sciences.

The Great American Smokeout is sponsored by the American Cancer Society.

Award for Minority Psychiatric Programs

Five special inpatient psychiatric programs for minorities at SFGH have been honored by the American Psychiatric Association.

The programs, which were established and are administered by the UCSF Department of Psychiatry, received the APA's Certificate of Significant Achievement for providing specialized services to "four previously underserved groups, including Asian/Pacific, Latino, Black and AIDS/ARC patients, as well as services geared to the special needs of women."

The Certificate of Significant Achievement was presented at the APA's 39th Institute of Hospital and Community Psychiatry in Boston in late October. The awards are a highlight of the Institute's annual meeting and honor exceptional programs for the mentally ill throughout the US.

The UCSF minority programs at SFGH have received national attention and have served as models for other institutions developing culturally sensitive inpatient care for the mentally ill.

New Project to Assess Health Risks from Toxic Chemicals

Better assessing the human health risks posed by toxic chemicals in the environment will be the goal of a major research effort at the University of California.

Environmental health scientists, pharmaceutical researchers and clinicians from two Bay Area UC campuses will join forces to develop new, highly refined techniques for detecting and measuring human chemical exposure from hazardous waste sites.

The new, collaborative investigations will involve researchers from UCSF and UC-Berkeley, working with health scientists from the State Department of Health Services.

The joint research effort will contribute to a better understanding of the events linking human exposure to toxic agents and subsequent specific biological damage and disease.

Such information could prove vital toward predicting, and thus preventing, adverse health effects in humans exposed to toxic substances, according to UC-Berkeley toxicologist Martyn Smith, PhD, principal investigator of the project. Leading efforts at UCSF will be Leslie Z. Benet, PhD, professor and chair of the Department of Pharmacy.

The first five years of the project will be supported by some $5.3 million in grants from the National Institute of Environmental Health Sciences "Superfund" Research Program.

$1 Million Geriatric Education Grant

UCSF, UCLA and UC-Davis have been selected by the US Department of Health and Human Services to receive a $1 million grant to organize and implement the California Geriatric Education Center (CGEC) program.

The CGEC is an interdisciplinary program which will combine the resources of the three campuses to train faculty members to develop and implement aging-related instruction at institutions of higher learning throughout the state.

The UCSF Schools of Medicine, Nursing and Pharmacy will all take part in the program. Project directors will be: Joseph C. Barbaccia, family & community medicine; Gaylene Becker, Institute for Health & Aging, School of Nursing; and Ron R. Finley, Clinical Pharmacy, School of Pharmacy. Campus coordinator of the CGEC program will be Susan B. Kornblatt.

A New Department

Family and Community Medicine (FCM) has been granted departmental status by the UC Regents.

Recognizing family medicine as an academic unit at UCSF took several years to accomplish. When the division was created in 1980, family medicine was still becoming established as an academic discipline in medical schools throughout the country. Even from its inception, our FCM division functioned much like a department, reporting directly to the Dean's Office in the School of Medicine.

FCM, which arose from the former Division of Ambulatory and Community Medicine, is academically responsible for five affiliated residency programs located at SFGH, Sonoma Community Hospital, Valley Medical Center in Fresno, Natividad Medical Center in Salinas and the Silas B. Hays Army Hospital at Fort Ord. These programs presently have a total of 132 residents. The department has more than 100 full-time paid faculty and some 500 volunteer clinical faculty.

"FCM's new departmental status really is a message to the country that family medicine finally has grown in stature to the point that it now is recognized as an essential clinical field in medicine and medical education," said Donald Fink, MD, who has been interim chair since 1985.

A national search now is underway for a chair of this new department.

Friends of LPPI Annual Meeting

Julia B. Ellis, RD, MPA, director of LPPI development and external affairs, will be honored at the Friends of LPPI Annual Meeting on Tuesday, November 17, from noon to 2 p.m. at Harris' Restaurant, 2100 Van Ness Avenue. Ellis is retiring after some 16 years at the Institute. Leonard S. Zegans, MD, professor of psychiatry and director of education at LPPI, will discuss "Stress, Diseases and Immunology."

The Friends over the last few months have donated some $20,000 to Langley Porter programs, including $5,000 for a new Nursing Services brochure, $6,000 for video equipment for the Medical Student Education Program, $600 for taxi rides to the Alzheimer's Clinic and some $8,400 to the Center for the Study of Deafness a new office copier.

A Pledge to Nursing Education

Mikkel Aaland

The School of Nursing has signed a cooperative agreement with Sun Yat-Sen University of Medical Sciences in Beijing, pledging to broaden nursing education at the two institutions through collaboration in teaching, research and service. Signing the agreement are (seated left to right) Liang Yi-Hua, director, nursing faculty, Sun Yat-Sen; and Patricia Pothier, acting dean, UCSF School of Nursing. Looking on are Lu Hui-Qing and Mo De-Yu, both of Sun Yat-Sen.

Biotech Program Seeks Proposals

The UC Biotechnology Research and Education Program now is accepting research and training proposals from faculty and scientists from all UC campuses and affiliated national laboratories.

The program was begun in 1985 to foster and support meritorious research in basic science and in issues related to biotechnology; promote training at the postdoctoral, graduate and undergraduate levels; and inform those in government, industry and the public about biotechnology developments and about their implications to the public.

Send proposals by Friday, January 15, to Paul D. Boyer, director, Biotechnology and Research Education Program, Molecular Biology Institute, UCLA, 90024-1570. For further information call (213) 206-6814.

UCSF *Newsbreak*

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Deadline for the next issue, which will cover November 21-December 11 (three weeks) will be at 11 a.m., Tuesday, November 10. Please send campus news copy to Allen Balderson and Medical Center news to Dawn Finch, both at the above address. Last-minute copy can be taken over the telephone by calling x61541 or x62557.

Editor: Allen J. Balderson
Med Center writer: Dawn Finch
Calendar, Gazette editor: Donald Hickerson
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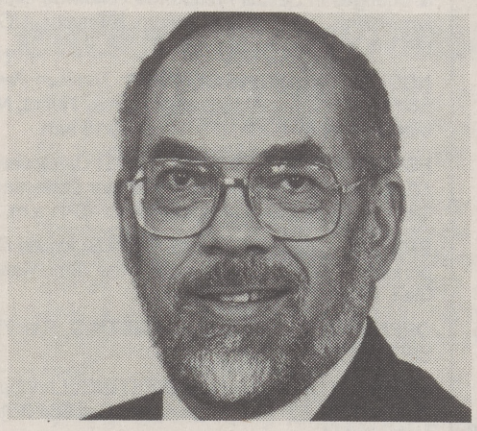
Features editors: Andy Evangelista, Michele Liapes, Claire Leeds Wray

Michela Reichman, Assistant Chancellor—Communications

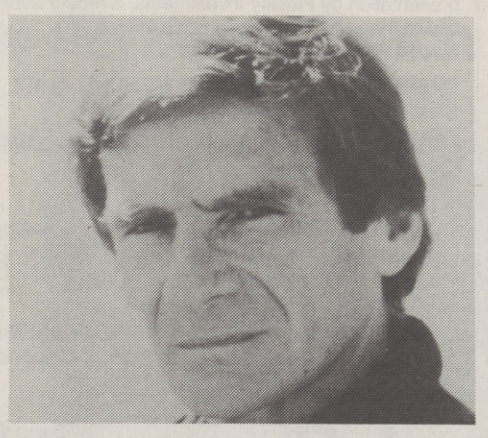
Gazette

Honors & Awards

Linda Hawes Clever, clinical professor, medicine: Chosen chair-elect of the Board of Governors of the American College of Physicians.



Robert D. Gibson, associate vice chancellor, student academic affairs & registrar: Appointed 1987 Martin Luther King/Ceasar Chavez/Rosa Parks Visiting Professor in Pharmacy at the University of Michigan.



Roy H. Steinberg, professor, physiology & ophthalmology: Awarded the degree of Doctor of Medicine honoris causa from the medical faculty of the University of Linkoping, Sweden.

Contracts & Grants Awarded

Allan Basbaum, Anatomy, S/M, $14,000, Arthritis Foundation, Northern California Chapter, *Neuron-mast Cell Interactions Producing Plasma Extravasation in Synovial Joints*.

Nancy L. Carteron, Pediatrics, S/M, $14,000, Arthritis Foundation, Northern California Chapter, *Role of Natural Killer (NK) Cells in Murine Systemic Lupus Erythematosus*.

Sarah B. Clarkson, Medicine - SFGH, S/M, $14,000, Arthritis Foundation, Northern California Chapter, *Molecular Biology of Human Fc Receptors*.

John E. Conte, Jr. Medicine, S/M, $42,324, Food & Drug Administration, *Pentamidine Pharmacokinetics in Patients with Hemodialysis*.

Haile T. Debas, Surgery, S/M, $173,091, National Institute of Arthritis & Diabetes, *Inhibitary Mechanisms of the Gastric Fundus*.

James W. Dilley, LPPI, S/M, $241,022, National Institute on Drug Abuse, *Longitudinal Neuropsychiatric Comparison of Two Groups of HIV Antibody Positive Individuals*.

Wallace V. Epstein, Medicine, S/M, $14,000, Arthritis Foundation, Northern California Chapter, *Capitated Medical Payments for Patients with Rheumatoid Arthritis*.

Joel D. Ernst, Medicine - SFGH, S/M, $9,000, Arthritis Foundation, Northern California Chapter, *Phosphorylation of Synexin & Endonexin in Human Polymorphonuclear Leukocytes*.

Alan I. Faden, Neurology, S/M, $144,679, Veterans Administration, *Sharing Agreement Between VAMC & UCSF for EEG/EMG Services*.

Philip C. Hopewell, Institute for Health Policy Studies, S/M, $132,895, US Department of Health & Human Services, *Costs & Outcomes of Tuberculosis Treatment Strategies*.

John B. Imboden, Jr., Pediatrics, S/M, $14,000, Arthritis Foundation, Northern California Chapter, *Characterization of Cell-surface Molecules Involved in Natural Killer Cell Activation*.

Keith A. Ito, Epidemiology & International Health, S/M, $271,442, Department of Health Services, *Laboratory Support of the State Cannery Inspection Program*.

Shirley C. Laffrey, Mental Health & Community Nursing, S/N, $109,000, Department of Health Services, *Preventive Health Care for the Aging*.

Jon David Levine, Medicine, S/M, $14,000, Arthritis Foundation, Northern California Chapter, *Mechanism of the Sympathetic Nervous System-mediated Joint Injury*.

Bernard Lo, Medicine, S/M, $64,544, Health Resources & Services Administration, *Variability in 'No Code' Orders Among Very Ill Patients*.

Barbara Marin, LPPI, S/M, $271,154, National Institute on Drug Abuse, *Preventing AIDS in Latino Community & IV Users' Families*.

Katherine K. Matthay, Pediatrics, S/M, $127,403, Food & Drug Administration, *Metaiodo (I-131) Benqylguanidine Therapy of Neuroblastoma*.

Stephen J. Mc Phee, Family & Community Medicine, S/M, $310,441, National Cancer Institute, *Promoting Cancer Prevention in Northern California*.

Barbara Moscicki, Pediatrics, S/M, $109,059, UC Systemwide Administration, AIDS Task Force, *Adolescent Psychosocial & Behavioral Risk Factors for AIDS*.

Promotions

Promotions are available to this publication after they are processed by the Personnel Department.

Bonnie Choy, principal clerk, ACC/emergency.

Miraflor Hernandez, principal clerk, accounts receivable.

Cass Holland, senior electronics technician, biomedical equipment.

Martha Johnson, administrative assistant II, radiology.

Geraldine Lebrane, senior head linen service worker, laundry linen services.

Lisa O'Gorman, senior computer operations supervisor, HISD/computer services.

Gloria Riley, accounting assistant I, radiation oncology.

Christine Shriver, administrative assistant II, radiation oncology.

Publications

Martin F. Heyworth, assistant professor, medicine; **Albert L. Jones**, professor, medicine & anatomy: Editors, *Immunology of the Gastrointestinal Tract & Liver* (Raven Press, NY 1987).

In Memoriam

Hamilton H. Anderson, '29, chair emeritus, Department of Pharmacology. He taught and did research in tropical medicine in Hawaii, Latin America, Africa and China, and was former president of the Society for Tropical Medicine. Anderson served on numerous committees of the United Nations, the World Health Organization and other international groups concerned with tropical disease and public health and was dean of the medical school at American University in Beirut, 1950-51. He held various teaching and administrative posts in the Department of Pharmacology for more than 20 years until his retirement as chair in 1955.

Frank W. Van Kirk, Jr., assistant clinical professor, medicine. A specialist in internal medicine in private practice, he was on the staff of R.K. Davies Medical Center and on the clinical faculty at UCSF for more than 30 years until his retirement in 1984. Van Kirk did his residency at UCSF.

Wilfred Skinner, research associate in the Department of Dermatology for more than 20 years. Along with Howard Maibach, UCSF vice chair of dermatology, Skinner pioneered the definition of what attracts mosquitos to human skin. He also made significant progress toward identifying more effective insect repellents for human use.

Robert M. Jameson, assistant clinical professor of orthopedics, 1955-62. After completing his orthopedic training here, he taught anatomy and orthopedics on campus and was chief of the orthopedic surgery service at SFGH, 1958-62. He subsequently taught in Vietnam and at the University of New Mexico and Stanford, where he worked for 13 years before retiring in 1982.

Prize Winning Video Features UCSF Breast Cancer Experts

"The Nature of Breast Cancer" has won first place from a field of 100 entries in the Patient Education Category of the Health Sciences Communications Association Media Festival. The video is one of seven patient education modules on understanding breast cancer produced by David Watts Productions. Much of the filming was done at UCSF and seven UCSF staff members are featured in key roles.

William Goodson, associate professor of surgery acted as content expert. Also appearing from UCSF were surgeon Stephen Mathes, chief, plastic surgery; Nicholas Petrakis, chair, epidemiology and international health; radiologist Edward Sickles; Bonnie Grear, senior radiological technician; radiation oncologist Francine Halberg, and pathologist Britt-Marie Ljung.

Is Sodium Taking a Bum Rap?

The campus will sponsor three lectures on AIDS the week of November 16 to coincide with our effort to help collect food for the San Francisco AIDS Foundation Food Bank. The lectures will be held in Cole Hall and are free, but people are asked to please bring canned goods to donate. The lectures are:

- Mon., Nov. 16: "Current AIDS Research at UCSF." Chancellor Krevans followed by Cecelia Cheng-Mayer, John Greenspan, Linda Blackwood. 5-6:30 p.m.
- Tues., Nov. 17: "UCSF Clinical Services for AIDS Patients." Harry Hollander, John Greenspan, Lydia Temoshok and Jeffrey Moulton. Noon-1 p.m.
- Thurs., Nov. 19: "Helping Friends Who Have AIDS." Panel discussion featuring people with AIDS and representatives from the San Francisco AIDS Foundation and the Shanti Project. Noon-1 p.m.

You can donate food in donation sites throughout campus from November 9 to 20. Donation sites are in the lobbies of Medical Sciences, Ambulatory Care Center, LPPI, School of Dentistry, CED, plus the Millberry Union registration desk, entrance to UC Hospital building, reception area of M 181 and on the G level of Millberry Union (near Rm. 18).

During these two weeks, a table will be set up in the Medical Sciences lobby from 11 a.m. to 1 p.m. with information on safe sex, AIDS testing and how the disease affects women and children. On Fridays, the table will be on the second floor of Medical Sciences near the elevators.

This is the third year that the UCSF Gay Mens Support Group has sponsored such a food drive for AIDS and ARC patients. This year, the drive also is sponsored by MAG—the Med Center's Management Action Group, the Chancellor's Office, and ABOG—Academic Business Officers Group.

Has Sodium Gotten a Bum Rap?

For years the public has been advised to cut back on all forms of sodium, not just table salt, or sodium chloride, to decrease or even prevent high blood pressure.

This advice is given despite no real evidence that sources of sodium other than table salt contribute to hypertension, or chronic high blood pressure, according to R. Curtis Morris, Jr., MD, director of the UCSF General Clinical Research Center, and Theodore Kurtz, MD, chief of the UCSF Clinical Chemistry Laboratory.

In the October 22 issue of the *New England Journal of Medicine*, Morris, Kurtz and kidney specialist Hamoudi A. Al-Bander, MD, reported a study suggesting that sodium in forms other than sodium chloride does not increase blood pressure in men with the most common form of hypertension—essential hypertension. Essential hypertension is chronic high blood pressure with no known cause.

The new study suggests that chloride and sodium are important in increasing blood pressure in those with salt-sensitive hypertension, and that neither one alone is sufficient.

The researchers caution that the results should be considered preliminary and should not be used as a basis for making dietary recommendations in the management of high blood pressure.

Mikkel Aaland

Janet Gitschier with Scott Kogan

Cheaper, Quicker Way to Screen for Genetic Diseases

Borrowing an enzyme from a bacteria that thrives in hot springs, UCSF researchers have developed a simpler, quicker and cheaper way to screen for genetic diseases.

Jane Gitschier, PhD, assistant professor of medicine in the Howard Hughes Medical Institute on campus; UCSF first-year medical student Scott Kogan; and senior technician Marie Doherty reported details of the diagnostic test in the October 15 issue of the *New England Journal of Medicine*, along with their success in diagnosing hemophilia A in a fetus and identifying carriers of the disease.

One of the main advantages of the new test, which so far has been applied successfully to the diagnosis of three hereditary blood diseases, is that it does not use radioactivity. Using radioactivity increases the cost and complexity of current screening tests, and discourages their use in underdeveloped countries.

The new tests can be performed in as little as three hours, whereas current prenatal screening tests that search for mutations in the genes of the fetus frequently require days to weeks for a diagnosis.

UCSF colleagues have adapted the technique Gitschier and Kogan developed to create rapid and simple prenatal tests for two other hereditary blood diseases—sickle cell anemia and alpha-thalassemia.

Today/Tomorrow

7 *Saturday*

ANESTHESIA MORBIDITY/MORTALITY CONFERENCE. HSW 301. 8-10 a.m.

ORTHOPAEDIC GRAND ROUNDS. Herbst Hall, Mt. Zion. 8-9 a.m.

UROLOGY GRAND ROUNDS: *Eight Steps to Heaven.* Frank Hinman, Uro. *Effect of DES on Developing Prostate.* Sharron Mee, Uro. Preceded by D&C reports & selected cases. HSW 302. 8:30-10 a.m.

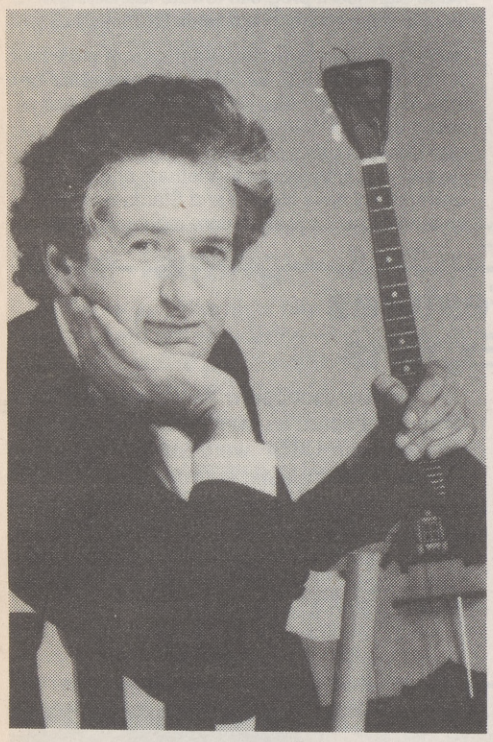
CHILDREN & FAMILY HEALTH FAIR

Education & screening to increase awareness & understanding of optimal health & preventive health care. MU Gym. 10 a.m.-4 p.m. Call x61196. (See page 8 for details.)*

SELF-DEFENSE WORKSHOP

Full-day workshop on skills for self protection, personal safety & assault prevention. UCSF Police Dept. Personal Safety Prog. Laguna Honda Conference Rm. 9 a.m.-5 p.m. $15 UCSF affiliate, $20 public. Call x65683.*

8 *Sunday*



SHEYNKMAN ON BALALAIKA & MANDOLIN

MUSICAL PANORAMAS AT LAUREL HEIGHTS: Emanuil Sheynkman, master of balalaika & mandolin, performs Russian folk music, Beethoven sonatas & Scott Joplin rags. UCSF-Laurel Heights Aud. 8 p.m. Second in a series of eight concerts by outstanding artists. Tickets $6 MU members & UCSF students, $7 seniors & non-UCSF students, $8 UCSF faculty & staff, $9 general. Series tickets available. Call x62035 for ticket info, x62542 for concert info.*

9 *Monday*

MOBILE MAMMOGRAPHY SCREENING SCHEDULE

Women can have low-cost mammograms—x-rays to screen for breast cancer—from a mobile van that travels to convenient shopping or downtown locations in San Francisco and remains for a week at a time.

Women need the approval of their physicians to have the mammogram. The procedure takes approximately 20 minutes and costs only $40. To make an appointment call 990-0459 or x62193 between 9 a.m. and 3:30 p.m.

The van will be at the following locations for the next two weeks:

Nov. 9-13: Embarcadero, on Drumm St. between Sacramento & Clay.

Nov. 16-20: UCSF-Laurel Heights, 3333 California St., in left parking lot.

AIDS FOOD DRIVE/ LECTURES NOV 9-20

Food drive to benefit the SF AIDS Foundation & three lectures about AIDS on Nov. 16, 17 & 19. (See page 3 for details.)

UC SAVINGS PROGRAM INFO MEETING: Briefing on UC's 403b Voluntary Contribution Plan, including a presentation by Fidelity Investments, a recent addition to the investment options. Cole Hall. Noon-1:30 p.m.

OVEREATERS ANONYMOUS MEETING. N 417. Noon.*

LABORATORY MEDICINE CORE CURRICULUM: *Complement.* Gary Jarvis, Lab. Med. L 535. 2-3:30 p.m.

CVRI SEMINAR: *Stimulation of Paracrine & Autocrine Pathways of Cell Proliferation by Platelet-Derived Growth Factor.* Lewis T. Williams, Med. S 1364. 4-5:30 p.m.

LABORATORY MEDICINE GRAND ROUNDS: *Properdin: The Importance of an Unimportant Molecule.* J. McLeod Griffis, Lab. Med. L 535. 4-5 p.m.

10 *Tuesday*

COMBINED MODALITY BREAST CANCER CONFERENCE. Surg. Clin. Conf. Rm., 6th Fl. A. 8 a.m.

ORAL & MAXILLOFACIAL SURGERY GRAND ROUNDS: *Acquired TMJ Defects.* Regents' lecturer David Poswillo, U London, England. C 701. 8-10 a.m.

SFGH PEDIATRIC GRAND ROUNDS: *Paranasal Sinus Infections & Their Complications.* Parvan Azimi, Ped., Children's Hosp., Oakland. Carr Aud., SFGH. 8-9:30 a.m.

NEW EMPLOYEE ORIENTATION: *UCSF Policy, Procedures & Benefits.* Presented every other Tues. All new employees are urged to attend. Toland Hall. 8:30 a.m.-noon. To register call x61645.

OB/GYN & REPRODUCTIVE SCIENCES GRAND ROUNDS: *New Approaches to Prenatal Diagnosis.* James D. Goldberg, Ob/Gyn. S 1364. 9 a.m.

SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

OPEN ENROLLMENT INFO MEETING. Bldg. 200, A-125, VAMC. Noon-1:30 p.m.

HOMEPORTING THE BATTLESHIP MISSOURI

A public forum sponsored by UCSF Health Sciences & Human Survival Prog. Moderator: Anne J. Davis, mental health & community nursing. Panelists: Saul Bloom, Arms Control Research Center; Jim Lazarus, SF Mayor's Office; Andrew Lichterman, Western States Legal Fdtn.; Richard Sanchez, SF Hlth. Comm. Toland Hall. Noon-1 p.m.*

OBSTETRICS, PEDIATRICS & ANESTHESIOLOGY CONFERENCE: John L. Kitzmiller, Ob/Gyn; Roderic H. Phibbs, Ped. & CVRI; Sol Shnider, Anes. & Ob/Gyn. M 1486. Noon.

INTERNATIONAL FOLK DANCING: Led by Dean Linscott. No partner needed, beginners welcome. MU Gym. 1:15-2:30 p.m. $2.* (See story in "Features" section.)

SFGH GI-MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

OPEN ENROLLMENT INFO MEETING. Toland Hall. 5-6:30 p.m.

CAL FILM GROUP: *I Heard the Mermaids Singing, Fatal Attraction* and *Hail, Hail, Rock & Roll.* MU Board of Governors Rm. 6 p.m.*

WINE IN LIFE & ART

Wine & food tasting, entertainment to benefit UCSF Arts & Lectures. MU Lounges. 5:30 p.m. $3 student, $5 general. (See page 2 for details.)*

11 *Wednesday*

SFGH ORTHOPEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Lourdes Sibayan, coordinator, x61662.

DERMATOLOGY CONFERENCE: *Dermatologic Endocrinology.* Cedric Sheckelton, Derm., Children's Hosp., Oakland. HSW 301. 8 a.m.

PSYCHIATRY GRAND ROUNDS/SERIES ON TRAUMATIC BRAIN INJURY: *Hypersexuality & Changes in Sexual Preference Following Brain Injury.* Jeffrey L. Cummings, Neuro. & Psychr., UCLA. LPPI Aud. 8-9 a.m.

NUCLEAR MEDICINE SEMINAR: *Thallium Perfusion in Relation to Angioplasty.* Harvey Hecht, Nuc. Med., Seton Med. Ctr. L 340. 8:15-9:15 a.m.

PSYCHIATRY SPECIAL LECTURE: *Cardiovascular Effects of Antidepressants.* Alexander Glassman, Clin. Psychr., Columbia U. LPPI Aud. 10-11 a.m.

PRIMARY CARE LECTURE SERIES: *Insulin Dependent & Non-Dependent Diabetes.* John Karam, Med. A 455. 10 a.m.-noon.

OPEN ENROLLMENT INFO MEETING. Rm. 7M30, SFGH. Noon-1:30 p.m.

WOMEN & SPIRITUALITY MEETING: Landberg Center, 1290-5th Ave. Noon-1 p.m. Call 564-3515 for further info.*

BROWN BAG LECTURE SERIES: *Making Time Work for You.* Rebecca L. Morgan. HSW 300. Noon. Also telecast live to CED 3rd Flr. Commons Rm. Videotapes available for viewing in HSE 345, SIMA unit, UCSF Library. Call x64394.*

ORAL BIOLOGY 220 SEMINAR: *CMV: Genome Structure.* Debbie Spector, Oral Bio. HSW 303. Noon.

UCSF AL-ANON MEETING: For friends & families of alcoholics. C 517. Noon-1 p.m.*

HEAD & NECK TUMOR CONFERENCE. A 723. 1 p.m.

GSA LECTURE WOMEN IN SCIENCE

Self-Esteem, Gender Roles & Women in Science. Vonda Long, associate professor in counselor education, U New Mexico. Graduate Students Association Annual Lecture. Cole Hall. 4 p.m. Reception to follow at Faculty/Alumni House.*

VASCULAR SURGERY GRAND ROUNDS. 7 Long Solarium. 4-5:30 p.m.

UROLOGY CONFERENCE: *Update on Anti-Microbials in Urology.* Joseph Guglielmo, Pharm. M 460. 4:30-6 p.m.

TRISERVICES CARDIOLOGY CONFERENCE. S 1364. 4:30-5:30 p.m.

SFGH GI-MEDICINE/SURGERY PATIENT CARE CONFERENCE. Rm. 4H2, SFGH. 4:30 p.m.

CHILD NEUROLOGY CONFERENCE. M 666. 4:30 p.m.

PATHOLOGY GRAND ROUNDS: *Approach to Melanocytic Lesions - Malignant.* Richard Sagebiel, Path. HSW 508. 5:15-6:15 p.m.

NEUROSCIENCE CONFERENCE: *Principles of EMG.* Richard K. Olney, Neuro. M 666. 6-7 p.m.

12 *Thursday*

MEDICAL GRAND ROUNDS: *Hypercalcemia in Cancer: From Patients to Proteins & Back.* Gordon J. Strewler, Med., VAMC. Toland Hall. 8-9 a.m.

SFGH NEUROLOGY-NEUROSURGERY CONFERENCE. Rm. 4H2, SFGH. 8-9 a.m.

PEDIATRIC GRAND ROUNDS: *Pathogenesis of First & Third Brachial Arch Deformities: Treacher-Collins Syndrome & Hemifacial Microsomia.* Regents' lecturer David Poswillo, U London, England. S 664. 8:30-9:30 a.m.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *AIDS Update.* Constance Wofsy, Med. Carr Aud., SFGH. 9:15-10:45 a.m.

OPEN ENROLLMENT INFO MEETING. Hartsook Rm., CED. 11 a.m.-noon & 12:15-1:15 p.m.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

NEUROLOGY GRAND ROUNDS: *Neural Aspects of Porphyria.* D. Montgomery Bissell, Med. S 664. 11:10 a.m.-12:05 p.m.

UCSF/MOUNT ZION GERIATRIC GRAND ROUNDS: *Preventative Medicine in the Elderly.* Robert Schmidt, Med., Pacific Med. Ctr. Herbst Hall, Mt. Zion. Noon-1 p.m.

WOMEN'S RESOURCE CENTER LECTURE: *Sexuality, Power & Intimacy.* Muriel Dimen, anthropologist, psychoanalyst & author. Toland Hall. Noon.*

REGENTS' LECTURE

Pathogenesis of Cleft Lip & Palate: Experimental & Clinical Work. David Poswillo, U London, England. C 701. 12:30-1:45 p.m.

NEURO-ONCOLOGY TUMOR BOARD. L 34. 12:30-1:30 p.m.

HEMATOLOGY/ONCOLOGY GRAND ROUNDS: *BMT Experience at UCSF.* Marek Bozdech, Med. M 1296. 1:30-2:30 p.m.

CARDIAC CATHETERIZATION CONFERENCE. L 1161. 4-6 p.m.

PRIMARY CARE GRAND ROUNDS: *Anemia: Common Misconceptions.* Charles Linker, Med. A 455. 4:30 p.m.

RADIATION ONCOLOGY CONFERENCE: Residents' Journal Club. L 34. 5 p.m.

NEUROSURGERY GRAND ROUNDS. HSW 302. 5-6:30 p.m.

RADIOLOGY GRAND ROUNDS: *Interesting Chest Cases.* Philip Goodman, Radiol. HSW 301. 5:15-6:15 p.m.

ALCOHOLICS ANONYMOUS MEETING: All are invited. LPPI Aud. 5:30 p.m.*

COLE HALL CINEMA: *Dragnet.* Children under 14 $2; UCSF students, seniors, Millberry Union members & UCSF employees (Thurs. only) $2.50; general $3. Cole Hall. 5:45 & 8:15 p.m.*

OUTDOORS UNLIMITED PROGRAM: *Walking Across Colorado.* Steve Tabor shows slides of his backpack trek from the Pacific Ocean to the Continental Divide. MU Madrone Rm. 7:30 p.m.*

13 *Friday*

SFGH MAXILLOFACIAL TRAUMA CONFERENCE. Rm. 4H4, SFGH. 7-7:30 a.m.

SFGH NUCLEAR MEDICINE/RADIOLOGY CONFERENCE. Rm. 1X58, SFGH. 7:45-9 a.m.

PHARMACEUTICAL CHEMISTRY 221 SEMINAR: Douglas Schmucker, Anat. S 1364. 11 a.m.

PATHS OF HEALING & WHOLENESS: *Spiritual Practice: Resource for Healing Others.* Francis Geddes. N 517. Noon-1 p.m.*

ALCOHOLICS ANONYMOUS MEETING: All are invited. HSE 336. Noon-1 p.m.*

COLE HALL CINEMA: *Dragnet.* Children under 14 $2; UCSF students, seniors & Millberry Union members $2.50; general $3. Cole Hall. 6:30 & 9 p.m.*

14 *Saturday*

ANESTHESIA MORBIDITY/MORTALITY CONFERENCE. HSW 301. 8-10 a.m.

***Open to the public.**

Features

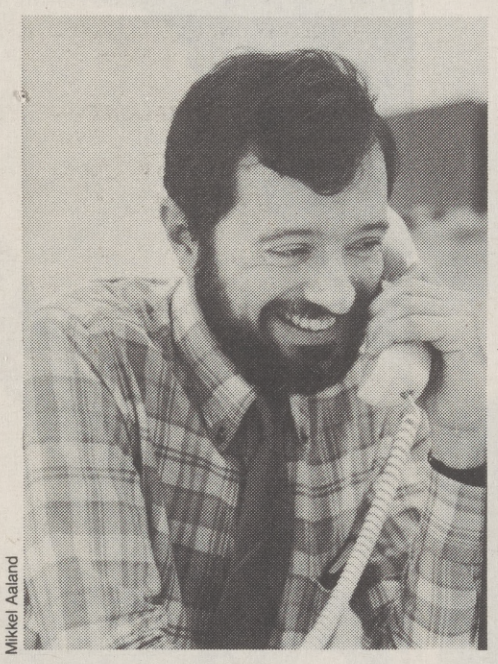
New Health Net Leaders Emphasize Personal Touch

If you call with a question about Health Net, the person you'll probably talk to is adminstrative coordinator Eva Wong.

UCSF-Health Net is the only health maintenance organization (HMO) plan offered by the University that allows employees to receive all their care from UCSF physicians.

The goal, says Wong, is preventive care. It has been available to campus employees and their dependents since the beginning of the year, and so far approximately 1500 are enrolled. The program also emphasizes coordination of medical care between primary care physicians and specialists.

Premiums for employees and their families are completely paid by the University. Services are free, except for prescription fees of $2 apiece and psychiatric visit charges of $20.



Mikkel Aaland

Dr. Terrigal Burn

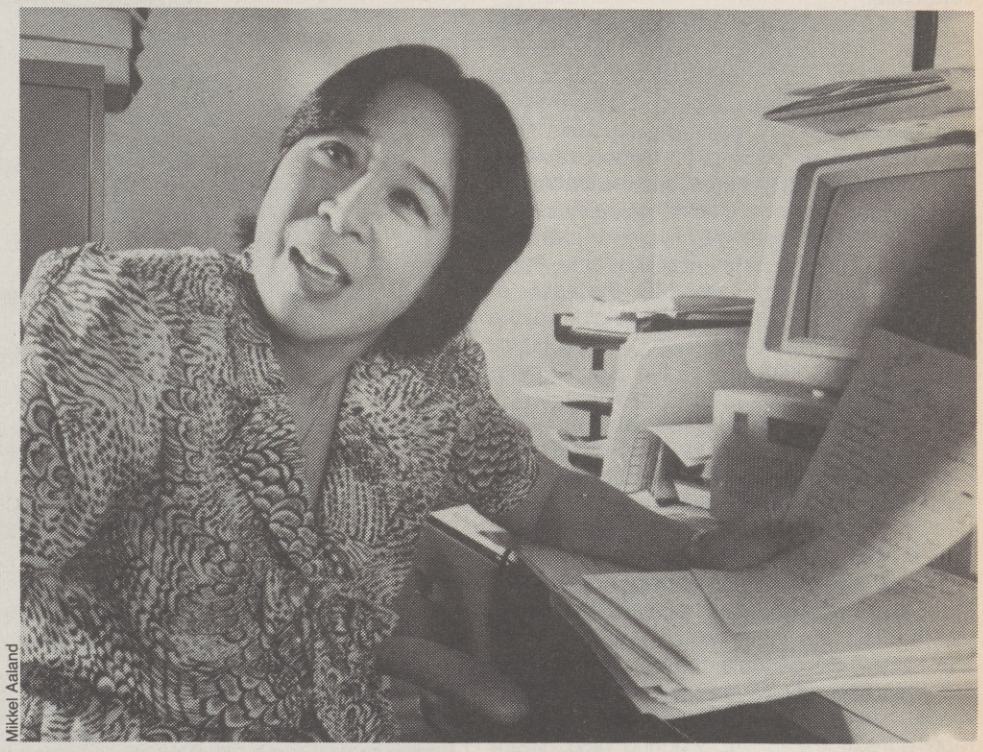
Wong, who joined the Medical Center in September, has a 12-year background in health maintenance—first as a CPR and cancer education instructor and then as quality assurance coordinator for Kaiser Hospital in Los Angeles, French Hospital and Ralph K. Davies Medical Center.

"I'm a troubleshooter," she says. Her job includes administering the plan, keeping accounts balanced, and—more than anything else—fielding people's questions. In the course of a typical day, she might hear from one member who's been injured at home and wants to know where to go, another who asks if the plan will pay for a new pair of glasses and someone who's worried about his coverage while he's traveling abroad the next two months.

Health Net does pay for out-of-area emergency treatment, and arrangements are made as needed for home care and other services not currently offered at UCSF, says Health Net medical director Terrigal Burn.

The focus is on the well-being of the whole person, says Burn, who heads the 22 Department of Medicine and Pediatrics faculty members whom plan participants may choose as their personal primary care physician. The medical staff, located on the second and fourth floors of the Ambulatory Care Center, refer patients to other UCSF specialists or services, depending on the problem, but all of them belong to Health Net because of their commitment to strong, on-going patient-doctor relationships.

"You've got to know your patients well, in the context of their work and home life," he says. "That's important in helping them adjust to whatever problems they're having."



Mikkel Aaland

Eva Wong is Health Net's "troubleshooter."

Occasionally this first year there have been problems of tight scheduling, but those are being resolved as he hires more physicians—including more women—to meet patients' requests and the demands of growing enrollment.

The chance to provide care for co-workers is another dividend for Burn, who is former co-director of the UCSF Screening and Acute Care Clinic and after that was medical director of the HMO plan at Stanford. "I'm dealing with patients that I knew (as co-workers) when I was here before," he says. "I enjoy that."

Also, says Burn, both he and the patients are continually gaining from his own day-to-day association with colleagues who are leading researchers. "We've always had an excellent medical center. Now it's all available to the UCSF family at a very low cost."

EMPACT a Morale Booster at Campus Satellites

EMPACT—in addition to providing an array of activities for campus employees—is proving to be a morale booster for staff at satellite locations, including CED and Oyster Point.

When EMPACT kicked off the year, for example, it held first-time-ever outdoor concerts at the two locations.

At CED, some 120 employees picknicked to the sounds of the Flips—the popular new comic quartet—and drew fortune cookies for a grand prize. Accounting clerk Aya Murakami crunched hers and won a weekend for two in Monterey. Her co-worker, Mary Dickow, laughed out in triumph and explained, "We talked her into coming down at the last minute!

"I've never seen so many people here," Dickow continued, gazing around at the crowd. "There's a real sense of community today. People have to have fun at work, and this is the way to do it. It's too easy to feel like just a number here."

Mary Dickow is not the only one to think so. Employees at all the UCSF sites say they have missed the camaraderie and social life that can stem from a congenial workplace. So, more free noontime events, such as the kickoff concert in September, are planned.

EMPACT activities and events are geared to UCSF's 11,000 employees and managed by the campus's Programs, Recreation and Operations Department.

No one needs skills or prerequisites to participate, according to EMPACT coordinator Laura Barney. The aim is to unwind, have fun and get to know people in other settings—at lunch time, evenings and weekends, and even on vacation.

Options range from clubs, classes and league sports to the pumpkin carving contest held last week, wine tasting and whale watching. This weekend, one group of employees will take a one-day dash to Reno, and another will tour the Bodega Bay area by bicycle.

EMPACT discount vouchers are on sale at MU Central Desk for movies, the "Nutcracker" ballet, restaurants, various dry cleaning places and auto repair shops. The vacation daycamp, introduced this summer for school-age children of working parents, will be available again during the holidays, and a travel service provides bargains on plane fares, cruises and package tours.

Wesley Wong

Wesley Wong

Three employees (top) marvel at some pumpkin artistry at PRO's pumpkin carving contest on October 30 in Saunders Court. Co-sponsored by EMPACT, the event (which included a costume contest and a live calypso band) (bottom) attracted 700 folks, and grapes, and ghouls, and even a nameless fish (who took first place). Our top pumpkin carver was Susan Williams from Finance.

Future directions depend on what people want, say employees who are helping Laura Barney develop EMPACT.

It's a people program, and the people will make the decisions, says Jane Herman, an EMPACT advisory board member, who was on hand at the information table during the CED event. "For the first time, I've had a voice on this campus," said Herman, an obstetrics department clerk, "and a whole different feeling about where I work."

Herman has been part of EMPACT from its beginning, when she was on a task force assigned by medical center director Bill Kerr to recommend ways of improving recreational activities and facilities for employees.

The campus was responsive to the EMPACT idea, according to Herman, and met the employee committee's funding request. Start-up money comes partly from Medical Center administration and partly from the office of Thena Trygstad, vice-chancellor of personnel and student services. But the program's ultimate success rests on participation. EMPACT is expected to become self-supporting, and small surcharges are included in all discount prices.

About 100 employees have been donating their energies to the program, working on committees, soliciting the discounts from merchants, typing labels and getting ideas from co-workers throughout the campus. The whole team, says advisory board chair Leonard Andruski of hospital building management, is committed to seeing that EMPACT reaches all the sites, including CED, Oyster Point, SFGH and Laurel Heights.

At CED, people were agreeing that the kickoff concert was a good first step. Accounting clerk Michael Toenjes talked about isolation from the rest of UCSF. "I've felt deprived," said Toenjes. "This is wonderful," he continued as he took in the music, balloons and festive air. Then he began to wonder if the new esprit was here to stay.

"But if it's for real, and it's going to be around," he said, "I guess they really care after all."

For information, suggestions and to volunteer, call EMPACT at x66932.

Campus Discusses AIDS in th

When SFGH announced last month that a health-care worker there contracted the AIDS virus from an accidental needle-stick, others expressed concern and anxiety about their own risks.

The needle-stick incident, coupled with San Francisco projections of a rise in the number of AIDS patients, prompted UCSF officials to hold an open campus discussion on October 14.

Some 500 faculty, staff and students filled Cole Hall to hear UCSF experts discuss AIDS, its transmission as it is related to the workplace and general infection control guidelines. The program was moderated by Richard Root, MD, chairman of the Department of Medicine. Panel members were: Jay Levy, MD, professor of medicine, a leading expert on the biology of the human immunodeficiency virus (HIV); Harry Hollander, MD, director of the Adult Immunodeficiencies Clinic; Julie Gerberding, MD, a UCSF infectious disease specialist at SFGH and project director of a study of health care professionals who work closely with AIDS patients; John Conte, MD, director of UCSF's Infection Control Unit; and Joseph Cowan, assistant chancellor-legal coordination.

Root opened the discussion by quoting San Francisco Department of Public Health statistics that indicate there will be between 1,700 and 1,900 AIDS cases in the city at the end of the year. The city, he said, projects 3,000 to 4,000, and possibly up to 5,000 persons, will require treatment for AIDS during 1991. There are perhaps 30,000 to 40,000 persons today in San Francisco who are infected with HIV, he said.

As we treat these patients and study AIDS, he said, "we must all be well educated about it and learn there is a risk—albeit an extremely small risk" of infection, particularly when dealing with potentially contaminated blood.

The following are excerpts from the meeting and answers to some of the questions raised:

How is AIDS spread?

It is caused by a virus, which can be transmitted by sexual activity, blood or blood products, and from a mother to her unborn baby. "This is not an airborne disease, it is not a waterborne disease, it is not a foodborne disease," emphasized John Conte.

What about the virus in body fluids other than blood?

HIV is primarily present in virus-infected cells. HIV has been isolated from seminal and vaginal fluids and blood—the major culprits for transmission, said Jay Levy. Although the virus has been isolated from saliva and tears, it is present in extremely low levels, he said.

Will an HIV-infected individual eventually progress to AIDS?

"Infection with the virus does not mean one has AIDS," said Harry Hollander. "There is a spectrum of illnesses that this viral infection causes. Many individuals are completely asymptomatic and have no clinical complaints. And the only way they would know they are infected with the virus is with the (AIDS antibody) blood test."

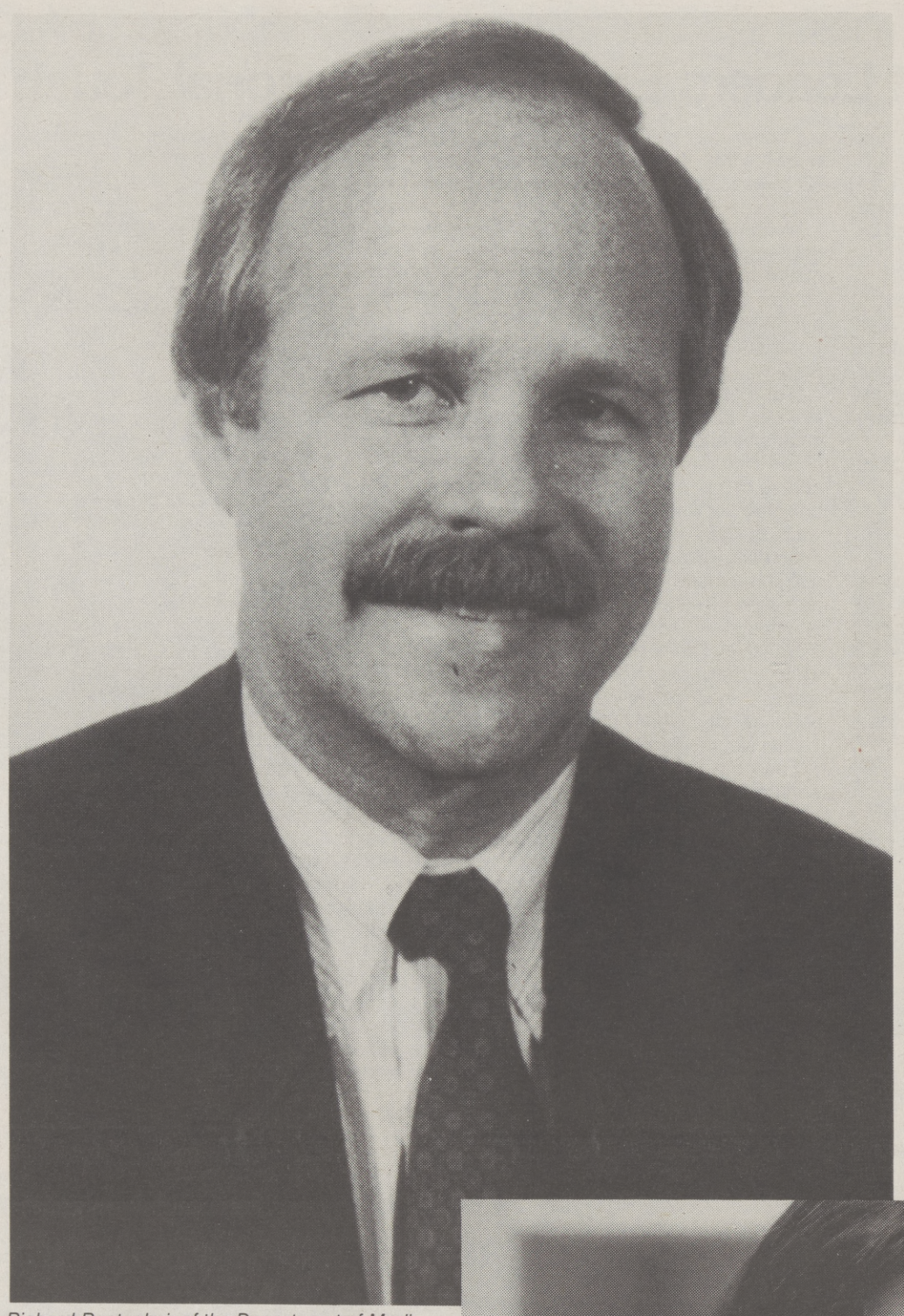
According to Hollander, the best studies currently suggest that of those known to be infected with the virus for eight years or more, about 35 percent will have developed AIDS. Another 30 percent will have mild related illnesses known as ARC (AIDS-related complex). Whether or not the percentage of people progressing to AIDS will reach 100 percent is not known. Although some say yes, others feel a percentage of infected individuals will remain well.

Jay Levy is studying a group of infected but healthy individuals who are able to control the disease. "I don't think we should be saying that HIV infection automatically correlates with the terminal process," said Levy.

What is the risk to health-care workers who deal with AIDS or HIV-infected patients?

For the last six years, UCSF faculty at SFGH have been conducting a study to track the risk of contracting HIV infection through accidental exposure. During that period more than 800 subjects have been studied. On October 1, SFGH reported the first HIV infection of a health worker who was accidently injured by a needle-stick from an infected individual. There are no known cases of occupational infection at the Medical Center at UCSF. Since 1981, there have been 17 infections among health-care workers throughout the world.

"The group of people we have been following has sustained more than 1,000 accidental needle-sticks or splashes of infected blood into their eyes, mouth or other mucous membranes," said Julie Gerberding. "One health worker had 11 needle-sticks from an AIDS or ARC patient. We are talking about a pretty intensive kind of exposure in this population.



Richard Root, chair of the Department of Medicine, organized the discussion.

"The fact that we have had one infected individual out of these 800 studies, or one infection out of over 1,000 needle-sticks or other similar dangerous exposures, means that the risk of infection is certainly less than .1 percent. It's not zero, but somewhere in that ballpark," she said.

"That's a lot better than one in 10, or one in 100, which is the situation with hepatitis B. One of the things we learned in our study, is that our population (health-care workers) is very much at risk for hepatitis B. About 25 percent of the health-care workers in the study who haven't been immunized have antibodies to hepatitis B. They've been infected somewhere along the line, and about five percent of those of you at risk get hepatitis every year. So, if you aren't immunized and have exposure to blood, get your hepatitis B vaccine. That is by far a bigger occupational risk in the big picture than AIDS virus infection. Two hundred health-care workers in the US last year died from hepatitis B they caught on the job."

How did the SFGH worker become infected with HIV?

To protect the identity of the individual, specifics of the case were not described to the public, but the worker was following infection control guidelines. Gerberding did say that the needle accidentally went deep into the skin—it was not a superficial injury. "It did not involve a lot of blood, but nevertheless it was an actual injection, intramuscularly, into the digit of the hand."

What are guidelines for preventing transmission of infection in the hospital?

Conte described the following precautions in dealing with blood and body fluids:

- Handwashing before and after patient care.
- Wear gloves when you anticipate direct contact with moist body substances (blood, urine, sputum, saliva, feces, etc.) from any patient; remove gloves after each individual task. (The health worker should decide beforehand whether he or she will be coming in contact with body fluids, or blood in particular. You don't need gloves for examining the abdomen, shaking hands, for using your stethoscope, etc.)
- Wear a gown or a disposable plastic apron when you anticipate that your clothing may be soiled with these body substances. (There is no evidence that gowns or clothes have transmitted infection, but for general hygiene purposes, gowns are recommended.)
- Wear mask and goggles when you anticipate possible splattering of these body substances into the mouth, nose or eyes.

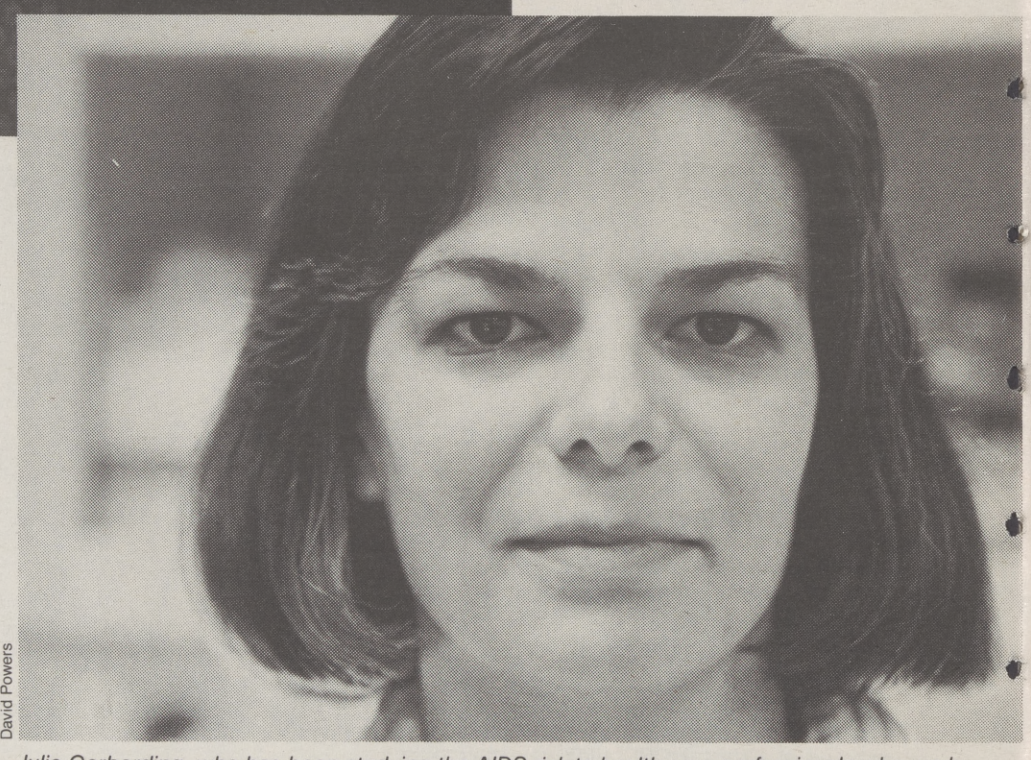
For information on all guidelines, call the Infection Control Unit (x65793).

When should you practice these precautions?

Because a patient may not show symptoms, "we universally apply blood and body fluid precautions to all patients," said Conte. "We simply do not always know when a patient might be in a risk group or have this infection."

Roberth Foothorap

John Conte, director of the Infection Control Unit, discussed p with blood and body fluids.



David Powers

Julie Gerberding, who has been studying the AIDS risk to health-care professionals who work closely with AIDS patients.

What about avoiding needle-sticks?

At UCSF, like any other major medical center, we see a lot of needle-sticks—an average of 15 to 20 a month, according to Conte. Despite education and inservice training, no one seems to have the secret of stopping needle-sticks, but we have to figure out a way to prevent needle-stick exposures, he said. "We tell people to use care in handling needles and blood—never resheath needles because that's the process where many needle-sticks occur," he said. "We have puncture-proof red boxes that you simply drop everything into."

What is the official UC policy concerning testing or care following an exposure, such as a needle-stick?

The current policy, based on national and American Hospital Association recommendations, calls for approaching the source of the needle-stick and requesting that the source be tested for HIV. If the source is unknown or refuses to be tested, then one assumes that the source is possibly positive for HIV. The situation is then discussed with the recipient of the nee-

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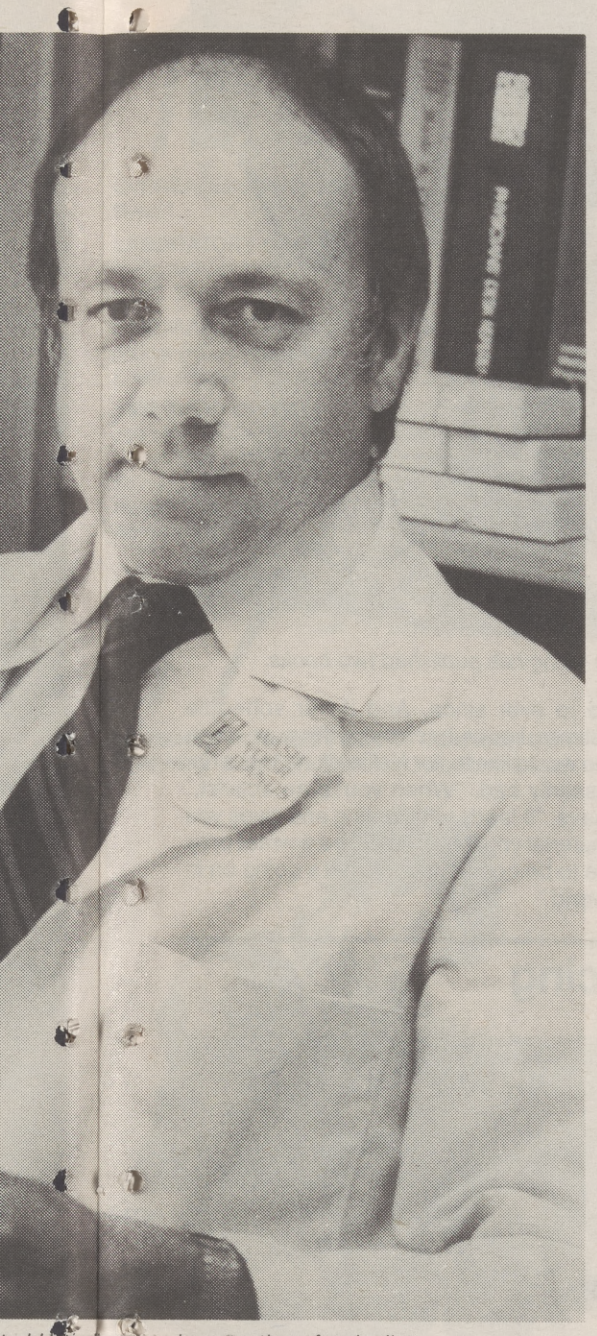
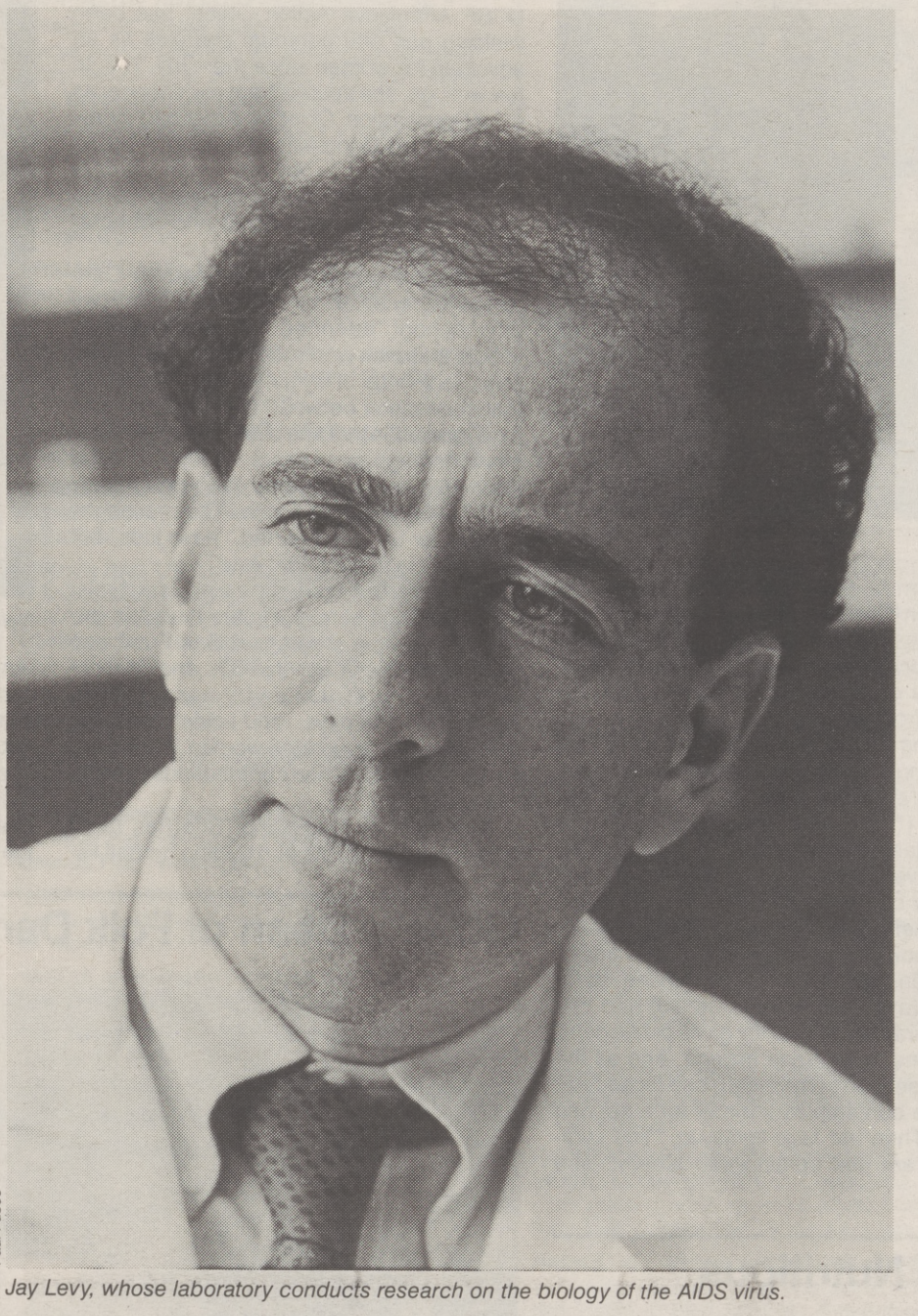


trol Unit, discussed precautions for dealing



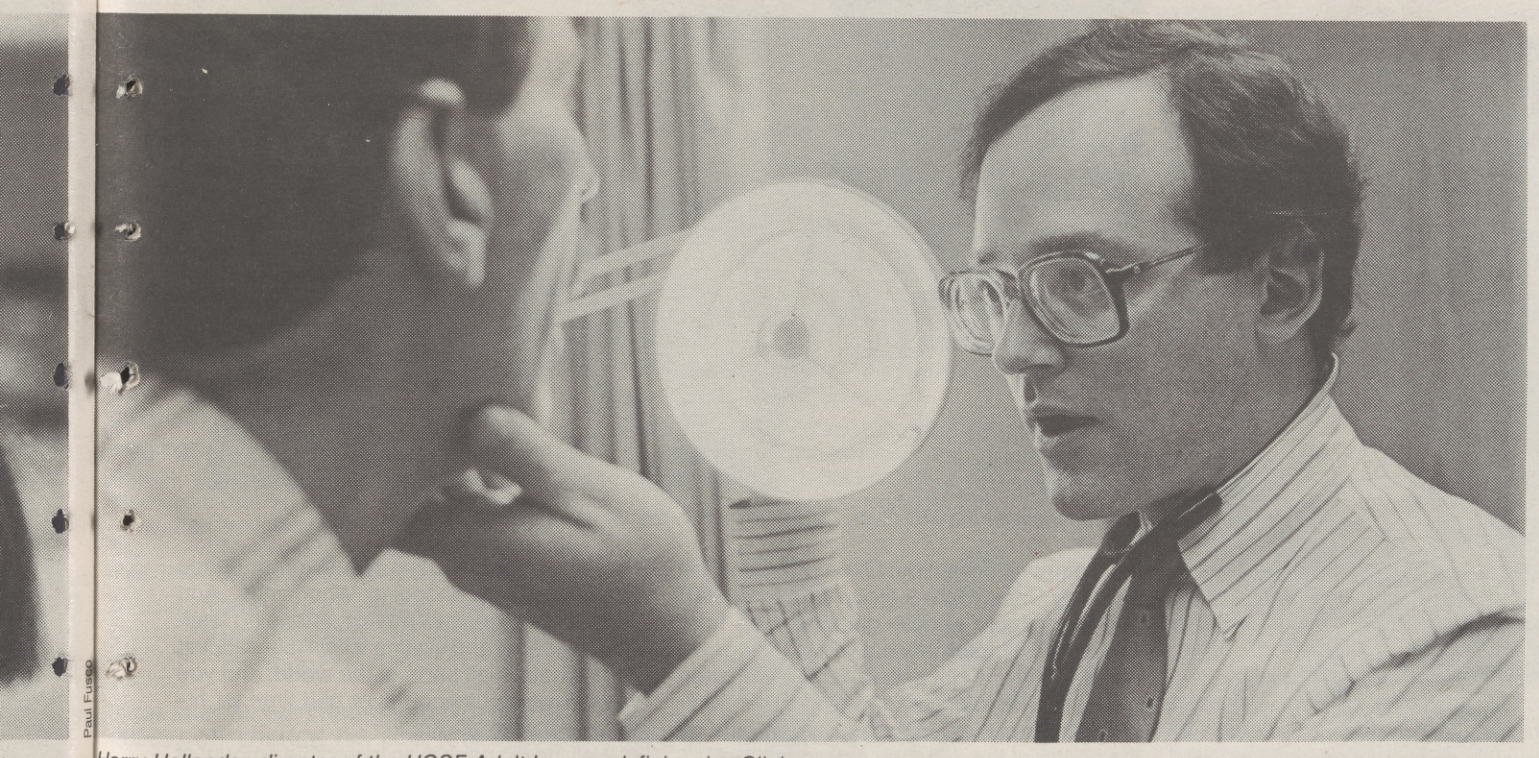
Paul Fusco

Jay Levy, whose laboratory conducts research on the biology of the AIDS virus.

The following are some guidelines for prevention of transmission of HIV infection to personnel and patients:

- Wash your hands before and after patient care.
- Wear gloves when you anticipate direct contact with moist body substances from any patient; remove gloves after every individual task.
- Wear mask and goggles when you anticipate splattering of these body substances in the mouth, nose or eyes.
- Wear gown or disposable plastic apron when you anticipate that your clothing may be soiled with these body substances.
- Protect cuts on your skin from contact with blood and body fluids.
- Wash your hands, arms, face, etc., as appropriate, if you have had unprotected contact with these body substances.
- Discard used needles and syringes, without breaking or recapping needles, in designated containers.
- Contact your supervisor when you have had an accidental needle-stick exposure to blood, or splash of blood into non-intact skin or mucous membrane.
- When transporting laboratory specimens within the Medical Center, all specimens should be placed in special impervious containers available in your department. Labels are no longer required because the clinical laboratory considers all specimens potentially infective.
- When shipping or transporting clinical specimens to and from the campus, federal guidelines for handling of etiologic agents are followed. Specimens are placed in properly-labeled, double, durable and leak-proof containers before transport.

For more information on guidelines and policies, call the Infection Control Unit, x65793, or Environmental Health and Safety, x61300.



Paul Fusco

Harry Hollander, director of the UCSF Adult Immunodeficiencies Clinic.

dle-stick. If he or she consents, testing, counseling and advice on the signs and symptoms of HIV-infection are offered for six months. If the exposed health worker turns out to be infected, he or she is referred to the primary physician or to the AIDS clinic for counseling and follow-up care. Any AIDS antibody testing—of either the needle-stick recipient or source—requires the subject's consent.

Are AIDS antibody test results confidential?

Under California law, antibody test results are confidential.

What are guidelines for employees with AIDS?

"Employees with HIV-infections, ARC or AIDS are allowed to continue working in any setting. Only if there is some intercurrent illness or infection which prevents the performance of their job are they advised to take off from work," said Conte. "But given the ability to perform the job and an asymptomatic condition, then they are encouraged to continue working in their normal occupation, whether it's in the hospital or otherwise."

There is no evidence to date that HIV can be transmitted to patients from infected workers or other persons with whom there might be casual contact, he said.

What kind of confidential assistance does the University offer to employees with AIDS?

The Employee Health Service—which works closely with Dr. Conte, Dr. Hollander and others—provides counseling and care. The Employee Assistance Program (x68279) and the Employee Rehabilitation (x62621) office also offer confidential counseling to those with AIDS or who have family members with AIDS.

Can employees refuse to work with AIDS patients?

"I felt in 1983 that there was no medical, ethical, scientific or legal basis upon which to refuse to work with AIDS patients or patients suspected of having this infection, and I don't feel any different in 1987," said Conte. "Our feeling is when there is a risk that has been described, we should note that risk. It's important to emphasize proper precautions to minimize or ablate that risk. But we have an obligation to work with these patients, and that's sort of part of our job description and part of our territory."

What assistance is available to employees who still may perceive risks through casual contact?

The Employee Rehabilitation Office and the Employee Assistance Program offer counseling.

What guidelines are there for working with blood in AIDS research laboratories?

"If any blood comes to the laboratory, we use gloves, not because we think we're going to get blood on our skin, but because the tubes may break (and cut our hand)," said Levy. Gowns are worn for standard protection even though the virus cannot be transmitted from clothing, he said. Masks, too are recommended, even though virus work is conducted under a biosafety hood to steer air flow away from the worker.

Computer Textbook on AIDS

An electronic textbook with the most current information on the care and treatment of AIDS patients has been written and edited by a group of UCSF AIDS specialists.

Called AIDS Knowledge Base, the data base combines textbook information with the speed of electronic publishing.

"Rather than this being a collection of papers or articles or a summary of information on AIDS, it is an electronic textbook of reformulated or newly written information," said Philip T. Cohen, MD, PhD, associate clinical professor of medicine and editor and coordinator of the project.

Subjects covered in the data base include epidemiology and transmission of HIV infection, testing for the virus, pathogenesis and clinical manifestations, ARC, pediatric cases, systems of care, health policy issues, public education and prevention strategies and ethical issues.

The computer data base "reference book" is marketed as an on line data base by a private vendor, BRS Information Technologies, and is available via modem for health care professionals and other subscribers.

There were approximately 50 authors from UCSF and other Bay Area institutions contributing to the project. UCSF/SFGH editors include Paul A. Volberding, MD, Merle Sande, MD, Constance Wofsy, MD, Donald Abrams, MD, Michael McGrath, MD, PhD, Philip Hopewell, Dennis Osmond, MA, and Julie Gerberding, MD.

The copyright for the data base is owned by the Massachusetts Medical Society, which publishes the *New England Journal of Medicine*.

The information on the data base will be updated quarterly so that the most current AIDS data is available to subscribers. Much of the initial work of organizing and editing was provided by two UCSF staff members, Karen Heller and Eleanor Haas. For subscriber information, call BRS Customer Service at 1-800-468-0908.

Her Bouquets Brighten the Desk

Mikkel Aaland

Carmen Miller in her backyard greenhouse.

The rosy bouquet of fresh begonias brightened the Millberry Union Central Desk on a gray fall afternoon, but Carmen Miller apologized for them. "They're getting scraggly now," she said.

She was talking about all the prize-winning tuberous begonias that she and her husband, Jim, raise at home on Eighteenth Avenue. Throughout the June-November season, Miller brings fresh-cut samplings to the desk, where she is cashier three days a week.

They started 30 years ago with one bulb, and its pale peach blooms are still taking blue ribbons at the Hall of Flowers San Francisco Fair, which the Millers enter every year. Last August, they came home with six first prizes, five seconds, three thirds and an honorable mention.

Today, their backyard greenhouse is home for approximately 125 plants. Fifty are "uprights" lining the aisles and walls, while the rest are a late-fall canopy of color in hanging baskets.

But Carmen apologizes again. "You should have seen it in the summer," she says. That's when she and Jim hold their annual open garden for approximately 150 friends, fellow members of the Begonia Society, and coworkers from campus.

Growing and nurturing perfect blooms is an ongoing commitment for Miller, who keeps her stock at the top of the line by making new cuttings ("Otherwise you lose your prize bulb."), planting and feeding the sprouts, trimming leaves, pinching for more growth and generally coaxing each plant into "the perfect basket," round and full. "That's what the judges look for in a flower show," she says.

Carmen, who also raises dahlias, cymbidiums (a type of outdoor orchid) and one bird of paradise, frequently gives public demonstrations on corsage making. And as the begonia season comes to a close for another year, she contemplates winter for a second or two. Then her face lights up. "The cymbidiums are just coming into bloom," she says.

Secretary's Activism Spurs Poetry

Shutting herself away to produce in peace isn't poet Nellie Wong's style. "My work comes from being active and writing at the same time," says Wong, whose second book, *The Death of Long Steam Lady*, was released last year by West End Press.

Wong, an administrative assistant in the UCSF Affirmative Action Office, has been wielding pen and personal energies as an advocate for women since the early '70s. In her writings, she speaks from experience: as a first-generation Chinese-American growing up in post-Depression Oakland; a young office employee in an era when clerical workers were raising labor issues; a human being constrained by values and expectations that were wrong for her.

Childhood was a "typical firstborn Cantonese experience" for Wong who, every day after school, attended Chinese language school and then worked in the family restaurant. "As a writer of my generation, I feel like a real connection between old and new," she says, and adds that she didn't always see her ethnic heritage as an asset. "I fought it. I read the movie magazines and lived on images. And I felt boxed into a role. The messages were 'grow up,' 'get married,' 'have kids,' but life wasn't taking me that way."

Wong started working as a clerk typist right after high school. By the time she entered the writing program at San Francisco State, she was in her mid-30s and intellectually "hungry." Also scared. "I was older than the others," she says, "and I didn't value my experience as a working woman. Then I began to realize that I had contributions to make in a classroom."

That was the beginning. She has been publishing, mobilizing and getting herself listened to ever since. And if her schedule sometimes keeps her from writing as much as she would like to, for Nellie Wong that's not necessarily bad. "When you're an activist," she says, "it feeds your writing and gives you the material you need. I can't be a writer only. I have to be connected to what's going on in the world."

Mikkel Aaland

Nellie Wong has published two books.

Retiree Spreads Cheap and Nutritious Meal Message

After Miriam Blaustein retired, she really started cooking.

"Americans probably consume more salt, sugar, fat, additives and pre-packaged, premasticated food than anyone in the world," she says. "This kind of diet is not only expensive, it is low in nutrition and not very satisfying."

Blaustein began spreading the word in earnest after she retired from the Medical Records department, where she worked as a reference analyst from 1966 to 1978.

A lifelong cooking enthusiast, now 73, she is co-founder of the San Francisco Gray Panthers "Cheap and Nutritious Project," which conducts free, hour-long classes. Armed with a hotplate, a few pots and pans, and a supply of fresh ingredients, she and partner Lynn Fitzwater take their show to senior centers and community groups all around the city.

"There were many cooking classes for the affluent, but nothing for people trying to live on Social Security," says Blaustein. "So we developed our own cooking demonstrations for low-income people with limited cooking facilities."

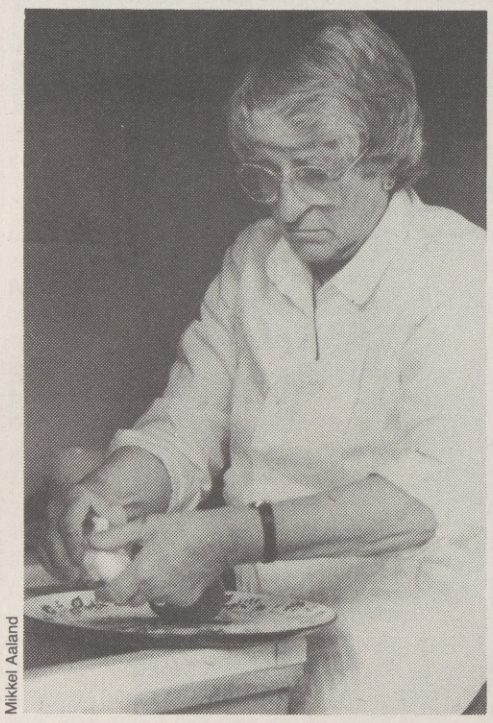
The project began in 1980 to improve nutrition among elderly residents of the Tenderloin district. Funding from the McKesson Foundation kept the project going, and today it is steaming along. Blaustein and six other project members now conduct sessions at a variety of places, including the Farmers' Market at the United Nations Plaza, the California League for the Handicapped, the Youth Guidance Center, downtown corporations, halfway houses for people recovering from alcohol and drug abuse, and the Bayview Hunters Point Senior Citizens Center.

The Gray Panthers Cheap and Nutritious (and Delicious) Cookbook, published with a grant from the Koret Foundation, is now in its third printing, with more than 4,000 copies sold.

The demonstrations and cookbook emphasize healthy meals that can be prepared at a cost of 50 to 75 cents per person.

"We urge people to avoid packaged and processed foods, and we strongly discourage canned soups and canned vegetables which have a high salt content," says Blaustein. "We emphasize the use of dried beans, whole grains, herbs, cheese, seasonal fresh fruits and vegetables, and fish and poultry."

The Cheap and Nutritious team encourages people to pool their resources and share meals with neighbors and friends. "We want to share the good news that being on a limited budget does not mean that mealtime has to be lonely, boring and unhealthy."



Mikkel Aaland

Miriam Blaustein prepares something healthy.

From five-spice chicken, to French-style salad, to apple compote and other Cheap and Nutritious dishes, the proof is in the eating.

The project is just one of Miriam Blaustein's many activities. For example, she serves on a panel that resolves disputes among neighbors, she fought to start a community garden in her Noe Valley neighborhood, and she has campaigned for affordable housing and for bringing the fishing industry back to San Francisco.

"I've never been busier or more involved than I am now," she says. "There's a lot more to life after retirement than playing bingo."

Copies of the Cheap and Nutritious Cookbook are available for $7.50, plus $1 for mailing, from the Gray Panthers, 325 Ninth Street, San Francisco, CA 94103. Miriam Blaustein is a member of the UCSF Retirees' Association. For more retirees information, call 731-3109.

UCSF's Dean of Folk Dancing

Mikkel Aaland

On Tuesdays in the MU Gym, Dean Linscott is the center of attention.

It's a campus institution: Once a week in the Millberry Union Gym a group of faculty, staff and community people gather for an hour and a half of international folk dancing. No doubt you've caught a glimpse of them, often arm in arm, stepping and twirling to the traditional tunes of the Balkans or Scandinavia. At the center of the dancers, calling out instructions, clapping, whooping and generally appearing to have a wonderful time, is the individual whose enthusiam and energy keep this group coming back, week after week, year after year.

Meet Dean Linscott, retired professor of microbiology at UCSF and one of the best-loved folk dance teachers in the Bay Area, according to his Tuesday afternoon followers. He's been folk dancing almost 40 years. He got interested when he was in college; the interest became a hobby; and ultimately the hobby has become practically a lifestyle.

When Linscott and his wife, Nancy, first moved here about 25 years ago, they looked for a folk dancing group to join, couldn't find what they wanted, and ended up starting their own. "Kopachka," as the Mill Valley group is called, is still going strong. They dance every Friday evening for four hours—mostly for fun, but occasionally in preparation for a performance.

Once a year, the couple organizes an annual retreat for folk dancing instructors from throughout the state, bringing in renowned dancers from all parts of the world to teach them new steps. And for many years, they also have been running two summer dance camps in the Mendocino Woodlands. Add this to their extensive travels, attending festivals, teaching and visiting fellow folk dancing enthusiasts in all parts of the world, and you wonder when Linscott ever had time for his 21-year career at UCSF.

Well, he did pack in an incredible amount of activity, he admits, especially after he started publishing *Linscott's Directory of Immunological and Biological Reagents*. He says he used to get so frustrated hunting through catalogs for the various products he needed for research, he finally resolved to compile "the catalog of catalogs." He published his first volume in 1979, and since has come out with a new expanded edition every two years.

Since Linscott took an early retirement two years ago, the directory has become an even bigger focus: He is just completing the fifth edition, a volume containing more than 25,000 individual products. Between the directory and the dancing—and his gardening, another intense interest—his time still slips away from him, he says, even in retirement. He doesn't expect that to change.

"I enjoy it all too much!"

Note: The International Folk Dance Class meets every Tuesday from 1:15 to 2:30 p.m. in the MU gym. Cost: $2. "Beginners are very welcome," says Linscott. "We usually start out with the simplest dances and toward the end of the session moved into the more advanced steps."

November 7-20, 1987

16 Monday

OVEREATERS ANONYMOUS MEETING. N 417. Noon.*

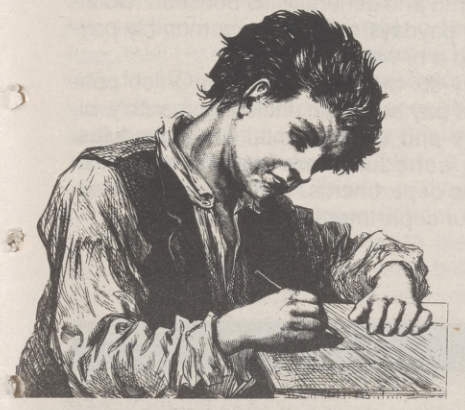
LABORATORY MEDICINE CORE CURRICULUM: *Immunodeficiency Diseases.* Diana Wara, Ped. L 535. 2-3:30 p.m.

LABORATORY MEDICINE GRAND ROUNDS: *Retrovirus-B Cell Interactions.* Valerie Ng, Lab. Med. L 535. 4-5 p.m.

AIDS FOOD DRIVE/LECTURES: *Current AIDS Research at UCSF.* Chancellor Krevans; Cecelia Cheng-Mayer, CRI; John Greenspan, Oral Bio., Stomatol. & Path.; Linda Blackwood. Cole Hall. 5-6:30 p.m. Please bring canned food for the AIDS Food Drive. (See page 3 for details.)*

17 Tuesday

COMBINED MODALITY BREAST CANCER CONFERENCE. Surg. Clin. Conf. Rm., 6th Fl. A. 8 a.m.



SFGH PEDIATRIC GRAND ROUNDS: *Stress in Childhood: Psychosocial Factors in Childhood Disease.* Thomas Boyce, Ped. Carr Aud., SFGH. 8:30-10 a.m.

TRANSFUSION MEDICINE RESEARCH FORUM: *Rapid Detection of Specific Nucleotide Sequences of Hepatitis B Virus.* Mickey S. Urdea, Lab. Med. L 535. 8:30 a.m.

FRIENDS OF LPPI ANNUAL MEETING

Stress, Disease & Immunology. Lecture by Leonard S. Zegans, professor, psychr. & LPPI director of education. Julia B. Ellis, LPPI director, development & external affairs, will be honored on her retirement. Ritz's Restaurant., 2100 Van Ness. Noon-2 p.m. (See page 2 for details.)

OPEN ENROLLMENT INFO MEETING-FOCUS ON LEGAL SERVICE. Toland Hall. Noon-1 p.m.

OBSTETRICS/PEDIATRICS & ANESTHESIOLOGY CONFERENCE: John L. Kitzmiller, Ob/Gyn; Roderic H. Phibbs, Ped. & CVRI; Sol Shnider, Anes. & Ob/Gyn. M 1486. Noon.

AIDS FOOD DRIVE/LECTURES: *UCSF Clinical Services for AIDS Patients.* Harry Hollander, Med.; John Greenspan, Oral Bio., Stomatol. & Path.; Lydia Temoshok, Psychr.; Jeffrey Moulton, Psychr. Cole Hall. Noon-1 p.m. Please bring canned food for the AIDS Food Drive. (See page 3 for details.)*

INTERNATIONAL FOLK DANCING: Led by Dean Linscott. No partner needed, beginners welcome. MU Gym. 1:15-2:30 p.m. $2.* (See story in "Features" section.)

SFGH GI-MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 3:30 p.m.

BIOCHEMISTRY & BIOPHYSICS SEMINAR: *DNA Polymerase Holoenzyme: Function & Regulation of a True Replicative Complex.* Charles McHenry, Bio. Chem. & Biophys., U Colorado, Denver. HSW 301. 4 p.m.

VOLUNTEER ORIENTATION: To acquaint new & perspective volunteers with opportunities at the Medical Center. C 209. 6-8 p.m. Call x61196.*

18 Wednesday

HAND SURGERY CONFERENCE: *Thoracic Outlet Syndrome.* Richard Bruneteau, Plast. Surg. S 214. 7-8 a.m.

SFGH ORTHOPEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Lourdes Sibayan, coordinator, x61662.

DERMATOLOGY CONFERENCE: *Photophoresis Update.* Rick Edelson, Derm., Yale. HSW 301. 8 a.m.

PSYCHIATRY GRAND ROUNDS/SERIES ON TRAUMATIC BRAIN INJURY: *Psychopharmacologic Management Following Traumatic Brain Injury.* Nathan Cope, Brain Injury Prog., Nat'l Rehab. Ctr., Washington, DC. LPPI Aud. 8-9 a.m.

NUCLEAR MEDICINE SEMINAR. L 340. 8:15-9:15 a.m.

ENDOCRINE GRAND ROUNDS: *Calcium & Hypertension.* R. Curtis Morris, Med., Ped. & GCRC. M 1486. 8:30 a.m.

PRIMARY CARE LECTURE SERIES: *Low Back Pain & Joint Exam.* Nancy Byl, PT & FCM. A 455. 10 a.m.-noon.

ORAL BIOLOGY 220 SEMINAR: *Hepatitis-B Virus: Regulation & Assembly.* Don Ganem, Microbio. & Med. HSW 300. Noon-1 p.m.

OPEN ENROLLMENT INFO MEETING. Toland Hall. Noon-1:30 p.m.

WOMEN & SPIRITUALITY MEETING: Landberg Center, 1290-5th Ave. Noon-1 p.m. Call 564-3515 for further info.*

BROWN BAG LECTURE SERIES: *Images in Health & Illness.* Betty L. Highly, Family Health Care Nursing. HSW 300. Noon. Also telecast live to CED 3rd Flr. Commons Rm. Videotapes available for viewing in HSE 345, SIMA unit, UCSF Library. Call x64394.*

UCSF AL-ANON MEETING: For friends & families of alcoholics. C 517. Noon.*

HEAD & NECK TUMOR CONFERENCE. A 723. 1-3 p.m.

DISTINGUISHED IMMUNOLOGIST LECTURE: *Biochemical Basis of Antigen Presentation.* Emil R. Unanue, Path., Washington U. HSW 301. 4-5 p.m.

UCSF/UCB TOXIC SUBSTANCES SEMINAR: *Risk Assessment for Dioxins.* Helen Shu, Toxicol., Syntex. 24 Warren, UCB. 4 p.m.

VASCULAR SURGERY GRAND ROUNDS. 7 Long Solarium. 4-5:30 p.m.

TRISERVICES CARDIOLOGY CONFERENCE. S 1364. 4:30-5:30 p.m.

SFGH GI-MEDICINE/SURGERY PATIENT CARE CONFERENCE. Rm. 4H2, SFGH. 4:30 p.m.

CHILD NEUROLOGY CONFERENCE. M 666. 4:30 p.m.

PATHOLOGY GRAND ROUNDS: *FNAB of Thyroid Lesions.* Theodore Miller, Path. HSW 508. 5:15-6:15 p.m.

NEUROSCIENCE CONFERENCE: *Neuro-Ophthalmology.* Creig Hoyt, Oph. M 666. 6-7 p.m.

WAVE SKI CLUB MEETING: Wave skiers & kayakers get together. OU Center, U B15. 7 p.m.*

19 Thursday

MEDICAL GRAND ROUNDS: *Update on Pathogenesis & Treatment of Thrombotic Thrombocytopenic Purpura.* Charles A. Linker, Med. Toland Hall. 8-9 a.m.

SFGH NEUROLOGY-NEUROSURGERY CONFERENCE. Rm. 4H2, SFGH. 8-9 a.m.

OPHTHALMOLOGY GRAND ROUNDS: *Visual Field Loss in Glaucoma: Is Intraocular Pressure Irrelevant?* Jorge A. Alvarado & Robert Shaffer, Oph. Preceded by case presentations: *Oncology.* S 214. 8:15-10 a.m.

PEDIATRIC GRAND ROUNDS: *Congenital Immunodeficiency Disease in the American Indian.* Morton J. Cowan, Ped. S 664. 8:30-9:30 a.m.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Carpal Tunnel Syndrome Among Grocery Store Workers.* Ana Maria Osorio, CA Health Serv. A 455. 9:15-10:45 a.m.

PEDIATRIC TUMOR BOARD. L 34. 11 a.m.-12:15 p.m.

NEUROLOGY GRAND ROUNDS: *What Is the Role of Surgical Intervention in the Treatment of Spondylotic Cervical Myelopathy?* Philip R. Weinstein, Neurosurg. S 664. 11:10 a.m.-12:05 p.m.

AIDS FOOD DRIVE/LECTURES: *Helping Friends Who Have AIDS.* Panel discussion featuring people with AIDS & representatives from SF AIDS Fdtn. & Shanti Project. Cole Hall. Noon-1 p.m. Please bring canned food for the AIDS Food Drive. (See page 3 for details.)*

WOMEN'S RESOURCE CENTER PROGRAM: *Sexual Harassment on College Campuses.* Segments of the Phil Donahue show featuring Billie Dziech, author of *The Lecherous Professor.* Toland Hall. Noon.

UCSF BAHAI' ASSOCIATION PROGRAM: *The Bahai' Faith: A Practical Religion for the Modern Age.* Informal discussion. MU Madrone Rm. Noon.

MEDICAL ETHICS GRAND ROUNDS: *Decision-Making Dynamics in the Intensive Care Nursery.* Robert Nelson, Ped. HSW 303. Noon.

NEURO-ONCOLOGY TUMOR BOARD. L 34. 12:30-1:30 p.m.

HEMATOLOGY/ONCOLOGY GRAND ROUNDS: *Clinico-Pathologic Conference.* Alan Newman, Med. M 1296. 1:30-2:30 p.m.

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1161. 4-6 p.m.

JOHN E. ADAMS LECTURE

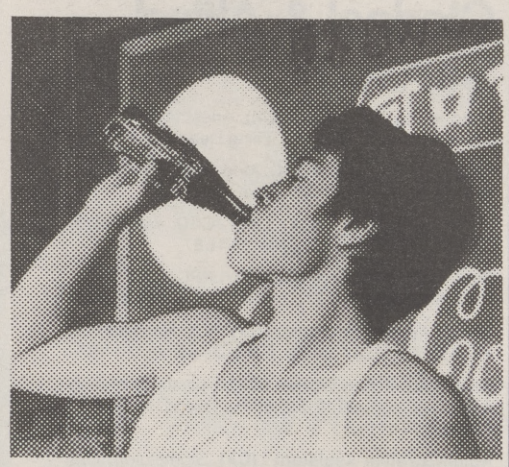
Cerebral Localization & Electrophysiological Correlates of Language & Verbal Memory. George Ojeman, Neurosurg., U Washington. Toland Hall. 4:30 p.m.

PRIMARY CARE GRAND ROUNDS: *Psychostimulant Drug Abuse.* Michael Robotham, FCM. A 455. 4:30 p.m.

RADIATION ONCOLOGY CHAIRMAN'S RESEARCH CONFERENCE: *I^{125} Dosimetry: A Comparison of Measurement & Monte Carlo Calculations.* Keith Weaver, Rad. Onc. L 34. 5 p.m.

RADIOLOGY GRAND ROUNDS: *Current Concepts in Pediatric Gastrointestinal Obstruction.* Virgil Condon, Radiol., U Utah. HSW 301. 5:15-6:15 p.m.

ALCOHOLICS ANONYMOUS MEETING: All are invited. LPPI Aud. 5:30 p.m.*



COLE HALL CINEMA: *A Great Wall.* Children under 14 $2; UCSF students, seniors, Millberry Union members & UCSF employees (Thurs. only) $2.50; general $3. Cole Hall. 5:45 & 7:45 p.m.*

PLASTIC SURGERY LECTURE/DINNER MEETING: *Serratus Muscle Transplant.* Harry J. Buncke, Jr., Microsurg., RK Davies. MU Faculty Club. Dinner 6 p.m. Lecture 7 p.m. $20. Call x63061.

20 Friday

SFGH MAXILLOFACIAL TRAUMA CONFERENCE. Rm. 4H4, SFGH. 7-7:30 a.m.

CONSULTATIVE CRANIOFACIAL PANEL. Toland Hall. 8 a.m.-noon.

PHARMACEUTICAL CHEMISTRY 221 SEMINAR: *DNA Analogs as Potential Chemotherapeutic Agents.* Gerald Zon, Applied Biosystems. S 1364. 11 a.m.

PATHS OF HEALING & WHOLENESS: *Intimacy & Whole Body Being.* Don St. John. N 517. Noon-1 p.m.*

ALCOHOLICS ANONYMOUS MEETING: All are invited. HSE 336. Noon-1 p.m.*

BIOSTATISTICS SEMINAR: *An Innovation Reanalysis of a Case-Control Study of Melanoma at Lawrence Livermore National Labs.* Dan Moore, Biostat., LLNL. S 664. 4 p.m.

COLE HALL CINEMA: *A Great Wall.* Children under 14 $2; UCSF students, seniors & Millberry Union members $2.50; general $3. Cole Hall. 6:30 & 8:30 p.m.*

DEVELOPMENT & TRAINING

Call x64032.

Introduction to Spreadsheets. Tues. & Wed., Nov. 10 & 11. 9 a.m.-4:30 p.m. & 9 a.m.-1 p.m. $20.

Conflict Management Workshop. Wed., Nov. 11. 8:30 a.m.-12:30 p.m. $5.

Introduction to Word Processing. Thurs., Nov. 12. 8:30 a.m.-noon. $5.

Introduction to Data Base Management. Tues., Nov. 17. 8:30 a.m.-4:30 p.m. $30.

Pre-Supervisory Training. Thurs., Nov. 24-Dec. 17. 9 a.m.-noon. $20.

CONTINUING EDUCATION

MEDICINE
Call x65208 for further information.

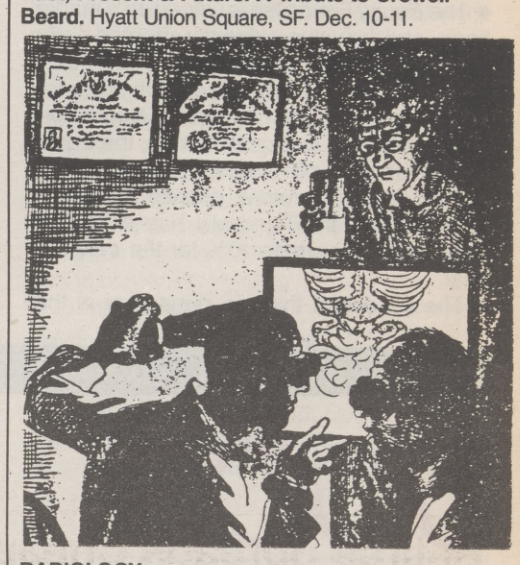
Bay Area Seminars in Surgical Pathology. UCSF. Nov. 12, Dec. 10.

Introduction to Respiratory Protection Programs. Hyatt Rickeys, Palo Alto. Nov. 18-19. Call 642-5507.

Recent Advances in Occupational Cancer. Miyako Hotel, SF. Dec. 4-5.

Caring for the AIDS Patient. Sheraton-Palace Hotel, SF. Dec. 7-8.

Ophthalmic Plastic & Reconstructive Surgery—Past, Present & Future. A Tribute to Crowell Beard. Hyatt Union Square, SF. Dec. 10-11.



RADIOLOGY
Call x65731 for further information.

Automated Percutaneous Lumbar Disectomy Workshop. Hyatt Regency, SF. Nov. 14-15.

DENTISTRY
Call x61101 for further information.

Answering Your Endodontic Questions. C 701. Nov. 13.

Porcelain Veneers. C 701. Nov. 14.

Practical Topics in Restorative Dentistry. C 701. Dec. 5.

Team Approach to Diagnosis & Treatment Planning for Dental Assistants. C 701. Dec. 13.

UCSF-FRESNO
For information & registration call (209) 225-6100 x5557.

Surgery. UCSF-Fresno. Nov. 14.

PERSONAL SAFETY COURSES

Co-sponsored by UCSF Police Department Public Safety Program & PRO Recreation. All courses take place at Laguna Honda School conference room unless otherwise noted. Call x65683 or x61800 for information & registration.

Self-Defense Workshops. Women only: Sat., Dec. 12. Co-ed: Sat., Jan. 23. 9 a.m.-5 p.m. $20 public. $15 UCSF affiliate.

Seven Week Women's Self-Defense Classes. Jan. 25-Mar. 14. Mondays, 6:30-9:30 p.m. $40 public. $25 UCSF affiliate.

Tear Gas Certification. Wed., Nov. 11; Wed., Nov. 18 (UCSF-Laurel Heights, President's Rm.); Mon., Nov. 23 & Dec. 7. 6-9 p.m. $10.

RAPE PREVENTION EDUCATION

Call x65222 for further information.

Self-Defense For Children & Adolescents. Child Care Study Ctr., 610 Parnassus. Sat., 10:30 a.m.-2 p.m. Ages 11-14: Nov. 14. $10.

HELP ELIMINATE SCHEDULING CONFLICTS

In order to help the campus avoid conflicts in scheduling important events, the News & Public Information Services Department has a computerized calendar. It is suggested that faculty, students and staff call x61541 when they are planning an event to make sure nothing has been scheduled for that date. Please note that in order to reserve campus conference rooms and auditoriums, it is still necessary to call Millberry Union at x62571, Room Reservations at x64436, Faculty/Alumni House at x64723, Laurel Heights at x68100 or the individual school or department.

Benefits/Personnel

How Are the Stock Market Fluctuations Affecting the Retirement Plans?

Apparently many people have been calling the systemwide Benefits Office with the above question. In response, the Treasurer's Office has provided a statement, dated October 23, from which most of the following is extracted:

- The UCRS Basic Retirement System is a defined benefit plan—in other words, the University has a contractual agreement to provide certain benefits to an employee, determined by salary, length of service and age. If the value of the University's investments partially funding this plan is affected, then the State or University must add funds to meet the contract.
- The Savings, Money Market and GIC Funds are interest-only funds based on book value, and are not affected by short-term market fluctuations.
- The Bond Fund is valued on a market basis and directly affected by fluctuations in the long-term bond market. The bond market declined in the second and third quarters of 1987, but during October has been strong.
- The Equity Fund also is valued on a market basis, and the value is directly affected by the fluctuations in the stock market. The value of the Equity Fund is estimated to be down approximately 18% from the end of September to October 20. On September 30, the Equity Fund's return was 37.7% higher than December 31, 1986. Therefore, despite the significant decline, the Fund still has a positive return of approximate 10% for the calendar year.

The important thing to remember is that this is retirement money, invested for the long term. The market will have its gyrations, but in the long run, stocks—especially blue-chip stocks like those in UC's Equity Fund—do better than other options.

Note: When *Newsbreak* went to press, the October fund performance figures, reflecting the recent fluctuations, were not yet released. Look in the November 21 issue for October figures.

Safeguard Members!

The Safeguard dental plan ends December 31, 1987. If you want to continue in a pre-paid plan similar to Safeguard, a new plan called PMI is being offered. But you must fill out a form to enroll in PMI before November 30. Otherwise your coverage automatically will be switched to Delta Dental Plan. Forms are available in your department.

Life and Disability

In this column in the October 24 issue, life and disability insurances were listed under the heading "Plans You Can Add, Change or Cancel at Any Time." Please note, if you did not enroll in these insurances during your initial period of eligibility, then you may apply at any time during the year *with a statement of health*. But the enrollment is complete only if the insurance carrier approves the application.

Open Enrollment: Now Through November 30

This means it's time to make decisions on the following:

- Health plans
- Dental plans
- New legal plan
- MedPlus
- DepCare
- TIP

You can read about these options in the Open Enrollment booklet you should have received in the mail by now (talk to your benefits rep if you did not). Or you can attend one of the following open enrollment information sessions:

- **Tuesday, November 10:** Noon to 1:30 p.m., VAMC/Rm. A125, Building 200
- **Tuesday, November 10:** 5 to 6:30 p.m., Toland Hall
- **Wednesday, November 11:** Noon to 1:30 p.m., SFGH/Rm. 7M30
- **Thursday, November 12:** 11 a.m. to noon/12:15 to 1:15 p.m., CED/Hartsook Room
- **Wednesday, November 18:** Noon to 1:30, Toland Hall
- **Tuesday, November 24:** Noon to 1:30, Toland Hall

A special presentation on the new legal expense insurance plan will be offered on Tuesday, November 17, from noon to 1 p.m. in Toland Hall.

Answers to Your Payroll Questions

Campus Payroll's Phil Ruttenberg says there are a number of questions that employees ask over and over again. He's been busy compiling these questions and the answers, and here's the first one:

- **What day is payday?**

For employees paid monthly, payday is the 1st of the month following the month of service. If the first is a weekend or UC holiday, payday is moved back to the last working day of the month.

For employees paid bi-weekly, payday is every other Wednesday. If that Wednesday falls on a UC holiday, it is moved back to Tuesday.

A supplemental payday, which is used to pay employees who may have been incorrectly paid, is scheduled around the middle of the month and generally fits between two bi-weekly paydays or between a monthly payday and a bi-weekly payday.

Every six months the Payroll Office publishes a pay schedule, including monthly, bi-monthly and supplemental pay schedules. These schedules are distributed to all campus departments. If you can't find one, ask your department's benefits rep.

Jobs

The Personnel Department, located at 1350 Seventh Avenue, is open to receive applications every weekday from 8 a.m. to 5 p.m. with extended hours on Wednesdays, 8 a.m. to 6:30 p.m. Details of jobs listed below are available in the UCSF Employment Opportunities flyers. Copies are distributed campuswide and also are posted at the Personnel Office and in the main lobby of Moffitt Hospital.

Key:

UNION CODES:	CX—Clerical and Allied Services
AFSCME	EX—Patient Care Technical
	SX—Service
CNA	NX—Registered Nurses

Sciences, Laboratory and Allied Services

Staff Research Associate II. Medicine/Infectious Diseases - SFGH. #M-C54048. $2070-$2490. Filing Deadline: 11/11/87.

Staff Research Associate I/II. Neurology - VAMC. #M-C49851.$1811-$2169 Or $2070-$2490. Filing Deadline: 11/11/87.

Staff Research Associate I/II. Pharmacology. #V-S40939. $1811-$2169 Or $2070-$2490. Open Until Filled.

Staff Research Associate I. School of Pharmacy: #V-S55403. $1811-$2169. Open Until Filled.

Staff Research Associate I. School of Pharmacy: #V-S55405. $1811-$2169. Open Until Filled.

Physical Plant Services - Maintenance

Physical Plant Mechanic (Painter). Psychiatry/LPPI. #V-W51119.$2603-$2981. Filing Deadline: 11/11/87.

Clerical & Allied Services

Accounting Assistant II (CX). Anesthesia. #H-A56747. $1766-$2108. Filing Deadline: 11/11/87.

Program Assistant II (CX). Medicine. #M-C49319. $1766-$2108. Open Until Filled.

Project Assistant II (CX). LPPI - CED. #V-W49237. $1766-$2108. Filing Deadline: 11/11/87.

Publications Assistant II (CX). LPPI - CED. #V-W56054. $10.15-$12.11/Hr. Filing Deadline: 11/11/87.

Senior Admitting Worker (CX). ACC:Registration. #H-A53507.$1587-$1880. Filing Deadline: 11/11/87.

Senior Admitting Worker (CX). Hospital Admitting. #H-A55884/85. $9.12-$10.80/Hr. Filing Deadline: 11/11/87.

Administrative Assistant I (CX). Stomatology/Oral Biology. #V-B57379.$1556-$1843. Open Until Filled.

Secretary II (CX). Clinical Labs. #H-C55849. $8.94-$10.59/Hr. Open Until Filled.

Secretary II (CX). OB/GYN - SFGH. #M-W50302. $1556-$1843. Open Until Filled.

Administrative/ Professional

Senior Environmental Health and Safety Technologist. Environmental Health and Safety - Parnassus and Satellite locations. #V-B54178. $3296-$3981. Filing Deadline: 11/18/87.

Senior Administrative Analyst. Accounts Receivable - CED. #H-A49905. $2733-$3296. Filing Deadline: 11/11/87.

Administrative Analyst. Accounts Receivable - CED. #H-A49906. $2267-$2733. Filing Deadline: 11/11/87. This is available to UCSF employees only.

Storekeeping

Stores Supervisor. Materiel Services. #H-C50116. $2206-$2657. Filing Deadline: 11/18/87.

Engineering

Senior Environmental Health and Safety Technician (Industrial Hygiene Technician) (TX). Environmental Health and Safety - UCSF and Satellite Locations. #V-B54174. $2070-$2490. Filing Deadline: 11/11/87.

Senior Environmental Health and Safety Technician (Senior Isotope Processing Technician) (TX). Environmental Health and Safety - UCSF and Satellite Locations. #V-B54171. $2070-$2490. Filing Deadline: 11/11/87.

Environmental Health and Safety Technician (Isotope Processing Technician) (TX). Environmental Health and Safety - UCSF and Satellite Locations. #V-B54170. $1738-$2070. Filing Deadline: 11/11/87.

Health Care & Allied Services

Clinical Nurse I (NX). Psychiatry - SFGH. #V-W26254. $2469-$2843. Filing Deadline: 11/11/87.

Hospital Laboratory Tech. I (EX). Orthopaedic Surgery. #M-W56512/13 and #M-W56515/16/17. $11.97-$14.39/Hr. Filing Deadline: 11/11/87.

Hospital (Clin. Lab.) Assistant II (EX). Clinical Labs. #H-C55845. $9.78-$11.68/Hr. Filing Deadline: 11/11/87.

Psychiatric Inpatient Nursing

For more information on the following positions, call LPPI Director of Nursing Marilyn Rajokovich, x67361.

Clinical Nurse III. Adolescent & Young Adult Unit. $2645-3190/mo.

Clinical Nurse II. Adolescent & Young Adult Unit. (Two positions.) $14.51-16.70/hr.

Clinical Nurse II. Psychiatric ICU. $14.51-16.70/hr.

Inpatient Nursing

For more information on the following positions, call nurse recruiter Lynda Purves, x62252.

Clinical Nurse IV. Neonatology. $3045-3675/mo.

Clinical Nurse IV. Critical Care. $3045-3675/mo.

Administrative Nurse III. Oncology/Hematology/Bone Marrow Transplant. $3045-3675/mo.

Clinical Nurse II. Acute Medicine. $14.51-16.70/hr.

Clinical Nurse II. Neurosurgery/Neurology. $14.51-16.70/hr.

Clinical Nurse II. Pediatric Intensive Care Unit. $14.51-16.70/hr.

Clinical Nurse II. Neonatal ICU/Recovery Nursery. $14.51-16.70/hr.

Clinical Nurse II. Gyn/Urol/ENT Surgery. $14.51-16.70/hr.

Clinical Nurse II. Medicine/Cardiology. $14.51-16.70/hr.

Clinical Nurse II. General/Adult Surgery. $14.51-16.70/hr.

Clinical Nurse II. Ortho/Micro Surgery. $14.51-16.70/hr.

Clinical Nurse II. Perinatal Services. $14.51-16.70/hr.

Clinical Nurse II. Coronary Care Unit. $14.51-16.70/hr.

Clinical Nurse II. Neurosurgery. $14.51-16.70/hr.

Clinical Nurse II. Critical Care Float. $14.51-16.70/hr.

Clinical Nurse II. Pediatric Medicine. $14.51-16.70/hr.

Clinical Nurse II. Cardiovascular Surgery. $14.51-16.70/hr.

Clinical Nurse II. ICU. $14.51-16.70/hr.

Clinical Nurse II. Kidney Transplant Unit. $14.51-16.70/hr.

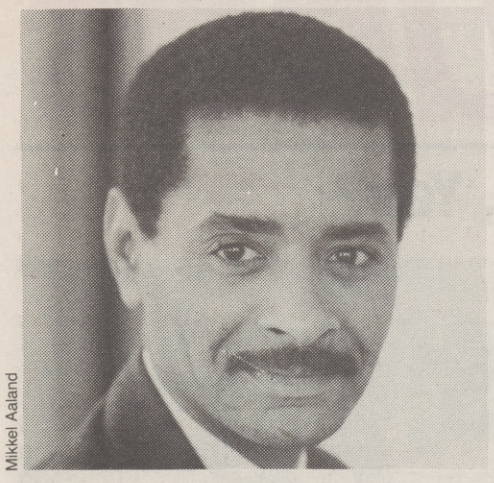
Clinical Nurse II. Pediatric/Neonatal Acute Float. $14.51-16.70/hr.

Clinical Nurse II. Pediatric Clinical Research Center. $14.51-16.70/hr.

Mikkel Aaland

Medsounds Continued

Introductions: Wayne Taylor, Elizabeth Hughes, Chaplain Interns



Mikkel Aaland

Wesley Wong

New ACC Administrator. Judging from the size of the crowd, you could sense that someone pretty special was being welcomed at the reception hosted by Administration last week. It was Wayne Taylor, and yes, his arrival is momentous—he's the new administrator for the Ambulatory Care Center.

Wayne is here directly from Washington DC, where he was regional manager for Group Health Association, one of the first HMOs established in the country. He also has many years of experience in teaching hospitals: He served as assistant vice president for scientific affairs at Presbyterian-St. Luke's Medical Center in Chicago; and prior to that, as assistant controller at Brigham and Women's Hospital in Boston. He is a graduate of the University of Toledo, and holds an MBA from Harvard Business School.

Wayne is a total newcomer to the West Coast. He moved here only a week before he started at the Medical Center, and was able to find an apartment in two days' time. "That means I didn't get a place with a view," he concedes. But then, he's got the best view in town from the ACC.

New Director in HISD. Elizabeth Hughes has stepped into a new position in the Hospital Information Systems Department: Her title is Director for Medical Center Systems Implementation. Her job brings together two formerly separate entities—the financial systems group and the clinical systems group—under one hat.

Liz is a native of the Bay Area; she graduated from UC-Davis with a degree in economics, and has held key data processing management positions for several major corporations, including DelMonte, Arthur Anderson, Harris, and, most recently, Fireman's Fund, where she served as a director.

Liz says her first impression is that she *is* impressed—with the quality of the current system as a whole, and, on the financial side, with the features and functionality of the CHARMS project. As far as her outlook, she says, she's merely looking forward "to taking part in developing the best hospital system in the country."

Liz is located in the HISD offices on the 5th floor at CED, room 535. Extension: 64312.

Mikkel Aaland

The timing for this portrait was right in the middle of National Pastoral Care Week, and everyone pictured (almost everybody) represents some faction of pastoral care in the Medical Center.

To the left is Catholic chaplain Frank Metzbower; in the center is Mickie McCormick, rector of St. John of God at 5th and Irving. To the right of Mickie is Med Center chaplain Rod Seeger, who heads the Clinical Pastoral Education (CPE) program. Pinning the button is former CPE intern Mary Connaughton, now a Catholic lay chaplain employed by St. John of God. And Christina Moran, who works at the patient information desk in the lobby, is getting her official Pastoral Care Week button, "People Making the Connections."

Everyone else in the picture is a brand new arrival on the Medical Center scene—our six new interns in the CPE program. Most will be here for a year, rotating through the clinical departments under Rod's direction.

They are (clockwise from left front):

- Kay Jorgensen from Minneapolis, co-founder of local performing group Street Circus Company, recent graduate of Berkeley's Starr King School for Ministry. Current work station: Kidney Transplant Unit
- Bill Johnson from Baton Rouge, married two months, worked four years in Botswana, South Africa; recent graduate of Golden Gate Baptist Seminary in Mill Valley. Current work stations: 8 Long, 12 Moffitt and Long
- Diane Trout from Atascadero, former office manager, home health care provider and book store salesperson; now working toward becoming certified thanatologist (counselor for the dying). Current stations: 6, 11 Long
- Sibylle Schar from Switzerland, student of theology at University of Basel; will return to complete studies at University of Bern. Current stations: 11, 14 Long
- Jamie McEwen, senior communications major at Westmont College in Santa Barbara, completing a half-time internship for a school requirement. Current station: KTU
- Carol Lorenz of Oakland, Catholic layperson and former tutor for children with learning disabilities. Current stations: 10 CCU, 10 Long, 15 Maternity, 15 ICN

Who's Taking Carl Heller's Job?

Actually, no one. That is, no single person. Instead:

- Building Management—consisting of Building Services, Telecommunications, Biomedical Engineering and Patient Escort/Tube Room—is now structured as one hospital department under Dan Shydler, with Leonard Andruski serving as interim manager.
- Environmental Services, managed by Jesse Stephens, now falls under Ron Lipsy's direction.
- Capital Planning and construction has become a separate entity under Dennis Brimhall, with Suheyl Atil directing the architects, and a forthcoming coordinator to provide administrative support. Kirby Maples has undertaken the acting coordinator position.

Your Department Has a Big Wish List But Very Little Money? Talk to the Auxiliary

If your department has a special project you'd like to have funded by the Auxiliary, get your proposal together. The request forms have been sent out, and are due back January 31.

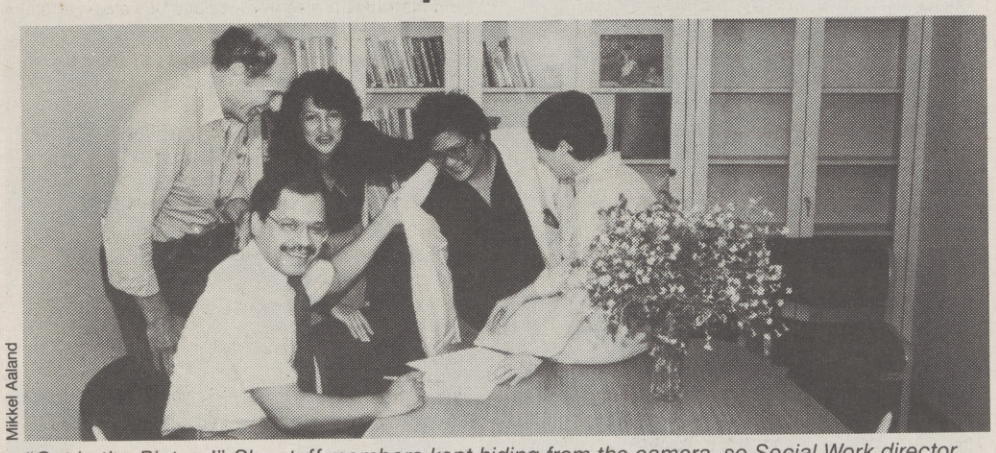
The cost of your project can be up to $25,000, but it must directly benefit patients and/or families, says Ilse Steinbach, Special Projects chair. Equipment and furnishings, for instance, are valid requests for Auxiliary funding. Salaries and research projects are not.

To give you some examples of the kinds of proposals they accept, their major expenditures this year have included:

- 18 "sleeping" chairs that convert to beds for family members staying the night
- Extras for the new Surgery Center, including decorating touches, newspaper and magazine subscriptions, a TV, and walkman radios and cassettes
- Refurbishing the 12-Long solarium
- $25,000 toward the new Meditation Room in the lobby.

Call the Auxiliary at x64906 with your questions.

Social Work Headquarters Moves to ACC



Mikkel Aaland

"Get in the Picture!" Shy staff members kept hiding from the camera, so Social Work director Roberto Ruiz finally took charge. What you see in this photo are (a) their new conference room/library, and (b) in addition to Roberto, staff members Bill Rosenfeld, Martha Cruz, Nenita Domingo and Doriz Spitzig.

If you've gone to L 119A in the past couple of weeks looking for Social Work Service's headquarters, then you've seen for yourself the big sign on the door "Moved to ACC Plaza Level A 45."

The new location houses director Roberto Ruiz, secretary Martha Cruz and seven social workers: Rita Chacon, Nenita Domingo, Donna DiMarzo, Sheila Feuer, Martha Golden, Dorrie Kamp and Susan Stollerman. The remainder of the 32-member staff can be found in their heretofore Moffitt, Long and ACC locations; and phone extensions have remained the same for everybody.

Now, *This* is Halloween...

Wesley Wong

Quick glimpse of CED's big Halloween happening: M.C. Melvin Dixon and one of the fashion show stars, "The Basket Case"

While Parnassus was dancing calypso, CED was immersing themselves in their traditionally wonderful Halloween decadence—feasting on ham and turkey, spaghetti and cake; giving away color TVs, cases of wine, and loads of money; staging a rollicking fashion show of Halloween haute couture, and exhibiting some most unusual jack-o-lanterns (including one with a real tongue—an enormous cow's tongue—hanging out of its mouth. Grossest thing you've ever seen). Now, *this* is Halloween—thanks to an ever-enterprising group of individuals who can whip up a party like nobody's business, including HISD's Anna Polega, Outpatient Follow-up's Melvin Dixon, Patient Account's Brazola Spencer, LPPI's Bridget Price, Payroll's Maureen Lofton, Disbursement's Betty Rockett and Pro Fee's Bea Goode.

Okay, Everybody—Let's Start Christmas

You say you can't wait to get going on Christmas? Good—because the Christmas committees are off and running, and you'd better jump on one, quick:

- **Department Decorating Contest:** Call Carol White, x62353, or Charles Taylor, x66796
- **Holiday Toy Drive:** Call David Fields, x64261, or Faye Lewis, x64844
- **Pediatrics Christmas Party:** Call Vickie Kleeman, x61196
- **Lobby Decorating:** Call Maryanne Caramanica, x61845
- **Night Shift Employee Breakfast:** Call Liz Terra, x64444, or Maura Hopkins, x65621

Holiday Catering Orders Due Dec. 4

Catering manager Susan Klugerman asks that you please get your holiday catering requests turned in by December 4. They're anticipating a very busy season, so the earlier they organize, the better service they can provide. Call UCSF Catering at x69345 with your questions.

UCSF Medsounds

Volume 2, Number 20 November 7-20, 1987

"You Buy the Yarn, I'll Knit the Sweater"— Great Prize, Yes?

Envy the lucky winner of the United Way raffle prize donated by the Clinical Labs' Monica Brown. She's going to *custom knit a sweater* as her contribution.

And should your raffle ticket correspond to Chaplain Rod Seeger's prize donation, look at this: He's offering free marriage service, marital/couple counseling or funeral (whichever need comes first). If none of these seem necessary at the moment, you can opt for two tickets to the Marin Theater Company.

If you're a Medical Center employee, and you turn in your United Way envelope by November 12, you'll be eligible to win one of many truly marvelous prizes, including the above and the below:

- Dinner for two at Masa's!—from Barb Stumpf and the Critical Care/Surgery nursing division
- Hot air balloon ride and champagne brunch!—from Bill Kerr
- Friday evening golf outing and "Picnic with the Pews!"—from management fellows Julie Buhler, Phil Yamahiro and Anne Cadigan
- Gift certificate for a night at Cliff Crest Bed and Breakfast in Santa Cruz!—from Linda Mann & the Med/Surg nursing division
- Guided hike for four in Marin County plus picnic lunch!—from Quality Assurance's Kyra Janssen
- Dinner for two at a San Francisco restaurant of your choice!—from Nursing's Helen Ripple
- Gift certificate for a night (and breakfast the next morning) at Casa Madrona in Sausalito!—from Sue Flanagan and the Maternal Child Health nursing division
- Eight hours of microcomputer lessons!—from Information Systems' Ron Schumacher (or a computer printed banner of your choice)
- Sail on the Bay and picnic lunch for two, or dinner for two at restaurant of winner's choice!—from Nursing's Jane Hirsch
- A pair of San Francisco Symphony tickets!—from Planning and Marketing's Patty Perry
- Dinner for two at Jan's Portola Valley Inn!—from Nuclear Medicine's Duffy Price
- A case of 1983 Cabernet Sauvignon!—from OR/PAR's Linda Groah
- A case of Alderbrook Semillon wine!—from Jackie Kuhn
- Two 49ers tickets (Monday, December 14, vs. Chicago Bears) from Administration's Mary Jane Allison
- Two $25 United Airlines discount tickets!—from Dennis Brimhall
- 20 tickets for $1 frozen yogurts in the Moffitt Cafeteria!—from Nutrition and Dietetic's Donna Williams
- Thirty lottery tickets!—from ACC's Wayne Taylor
- Four hours of expert gardening!—from Building Management's Leonard Andruski (or four bouquets of in-season flowers from his garden)
- A homemade cheesecake!—from Accounts Receivables' Bob Rush
- $25 gift certificate at "You See Flowers"!—from Nursing's Susan Alves-Rankin
- A custom flower arrangement!—from Accounts Receivables' Rufus Battles
- Two Danish cookbooks! (two prizes)—from (and authored by) Volunteer Services' Leona Hansen-Nealey
- A homemade pecan pie!—from Utilization Review's Chris Melanson
- $10 gift certificate at "You See Flowers!"—from Nursing's Maureen Ford
- Flowering plant!—from 11 Moffitt's Elaine McKenna
- Tennis lesson and consultation!—from Clinical Labs' Gary Low
- $10 gift certificate from Macy's!—from Admitting's Joanne Pehkonen
- Four dozen homemade chocolate chip cookies!—from Administration's Susan Semonoff

Note: The above is only a partial list. Check your departmental bulletin board for updated listing.

Mikkel Aaland

The Med Center United Way Committee wants you to join the "Gold Rush Days!" From left, Gemma Reiser, Herb Jones, Terrell Wilson, Roger Lewis and Elaine Shanahan. Committee members not pictured: Richard Roginski, Inez Wieging and co-chairs Helen Archer-Duste and Star Seals.

Come to the United Way "Gold Rush Days" Celebration and Raffle Drawing, Nov. 13

To wind up this year's campaign, the Medical Center United Way Committee has planned a "Gold Rush Days" celebration on Friday, November 13, from 2:30 to 4 p.m. in the Moffitt Cafeteria. The highlight of the event will be the drawing—come witness your own name (let's hope) being pulled from the hat!

How did they choose "Gold Rush Days" as the theme for the Medical Center campaign? Well, "Gold Rush" has a certain connotation, obviously. But's it's also true that this year is United Way's 100th anniversary. An 1800s western theme, they decided, might capture the flavor of the United Way early days.

Here's a quick capsulation: In 1887 a Denver priest, two ministers and a rabbi organized the first united charity drive, for 10 health and welfare agencies. They raised $21,700, and that was the beginning of today's United Way.

Until 1970, United Way developed under many names—Community Chest, United Crusade, etc.—as business leaders looked for a way of encouraging voluntary giving at the workplace, without deluging employees with appeals.

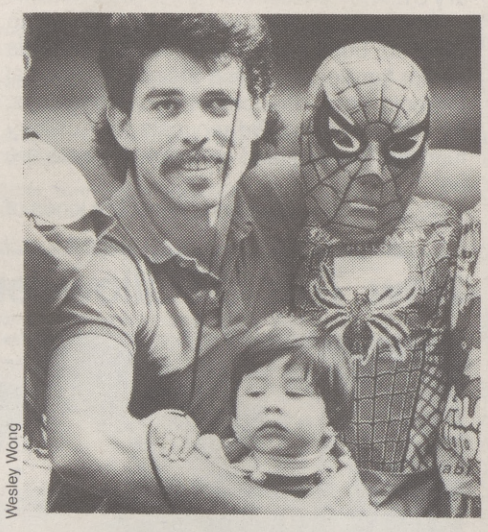
In 1970, local groups came together to form United Way of America. Currently over 2,300 local chapters make up the national organization. Last year, Bay Area residents raised $42 million toward a $2.44 billion national total—which supported approximately 37,000 human care agencies.

Amid the Halloween Hoopla, Three Particularly Significant Celebrations

If the basis for most Halloween parties is pure frivolity, here are scenes from three Halloween week celebrations that carried underlying themes of a more profound nature: These were celebrations of life itself!

The scene below is from a patient/family reunion sponsored by the Pediatric Bone Marrow Transplant Program. The Halloween theme worked out great, says Linda Abramovitz, who coordinated the event, since some children had their transplants quite recently, and have to wear masks anyway (to guard against infection).

To the right is a scene from the Halloween Day reunion for graduates of the Intensive Care Nursery (ICN) and their families; and to the far right, a portrait of three small guests at the reunion sponsored by the In Vitro Fertilization Program.



Wesley Wong

Mikkel Aaland

Staff members Pramila Dandekar, Paula Sirof and Martha Navarrete hold 3 of what now numbers 44 babies born in the In Vitro Fertilization Program.

Wesley Wong

A party for patients and parents, organized by the Pediatric Bone Marrow Transplant staff, including (behind children, left to right) Penny Leggott, Linda Abramovitz, Laura Fleming, Beth Smith and director Mort Cowan.

Don't Forget! Health Fair Tomorrow

If you happen to be reading this on Friday, November 6, how about answering this question: What are you doing tomorrow?

If you have no idea, then here's a great idea: Come to the Medical Center's Children and Family Health Fair in the Millberry Union gym! It's cheaper than going shopping, less fattening than going out to lunch, more educational than going to the movies, more fun than doing the wash, and much more stimulating than sitting around the house. Besides, it's something your whole family can enjoy.

So bring your kids, their friends—bring *your* friends. There's entertainment and activities for all ages. And it won't cost you a cent—not even for parking.

Flash: The Mayor has proclaimed November 7 "UCSF Children and Family Health Day" in San Francisco—and is sending a representative to the Fair, circa noon, to present the proclamation.

Don't Forget! Tell a Teenager: "Careers in Health"

Without a doubt, there's a high school student you know—maybe even your son or daughter—who's just begging inside for someone to give him or her a little nudge in a career direction. Don't let this person down! Pass along an invitation to "Careers in Health Care" on Tuesday, November 17, from 4 'til 7 p.m., beginning in HSW 300.

The program will include an introduction to careers in numerous Med Center departments, including nursing, physical therapy, the clinical labs, respiratory care and several others. Students also will have the opportunity to tour these areas, chat with staff members, visit booths, ask questions and generally get a good look at some potential careers.

How to make a reservation? Call x61848. Parents and teachers are most welcome to accompany students.

Photos by Wesley Wong